

Kanandah Kapers December 2024

Kanandah, 21 Douro Street, 63786400



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Editor's Desk

Welcome to the final month of the year! December is often a time of reflection, togetherness, and celebrating life's simple joys. It's a season for kindness, sharing stories, and finding comfort in each other's company.

More than anything, December reminds us of the warmth of human connection and the beauty of giving from the heart.

Let this Christmas season serve as a reminder that the true magic lies in the love, care, and generosity we extend to one another each day.

Wishing you a joyful close to the year!

Warm Regards,

Georgie and Caitlin



December Trivia

Babies born the last month of the year are more likely to live the longest!

Zodiac signs: Sagittarius & Capricorn

Birthstone: Turquoise

Flower: Holly

Quote of the Day

It is not how much we have, but how much we enjoy, that makes happiness.

-- Charles Spurgeon

Upcoming Events

Resident's Meeting

Last Monday and Tuesday of the month 30th and 31st



Residents Christmas event

Christmas lunch for hostel is Wednesday the 11th and Douro Wednesday the 19th

Regular Events

Church Service every Friday of the month 1st, 3rd, and 4th

Hairdresser every Monday

Bingo! Every Monday and Thursday

Special Days

- 1st Summer (S. Hem)
- 4th Cookie Day (US)
- 5th Volunteer's Day
- 7th Hanukkah Begins
- 18th Paul Klee's Birthday
- 21st Winter (N. Hem)
- 25th Christmas
- 25th Hanukkah
- 26th Boxing Day
- 31st New Year's Eve

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Hostel Program

Movies 1
Reading
Puzzles

10.00 Exercise 2 11.00 Darts 2.00 Bingo	9.00 Voting 3 2.00 Bingo	Wattle cafe 4	10.00 Exercises 5 11.00 cards 2.00 Bingo	10 Exercises 6 11.00 Presbyterian 2.00 Golf	Walking 7 Bird watching Listening to music	Talking to a friend or family 8 Cards Knitting
10 Exercises 9 11.00 Cards 2.00Bingo	10Exercises 10 11.00-word games 2.00Golf	Residents Christmas Party 11	10 Exercises 12 11.30 Bowling 2.00 Bingo	10Exercises 13 11.Kubbs 2.00-word games.	Colouring 14 Movies Puzzles	Read a book 15 Painting a picture
10.Exercise 16 11.Golf 2.00 Bingo	10Exercises 17 11.cards 2.00one on one activity	Douros Christmas party 18	10Exercise 19 11 bowling 2.00 Bingo	10Exercise 20 11.00 Catholic 2.00 gardening club	Read the newspaper 21 Walk around the garden Watch the fish	Read a book 22 Puzzles Knitting
10Exercise 23 11-word games 2.00 Bingo	10Exercise 24 11 Kubb's 2.00 golf	Wattle Café 25 Closed	10Exercise 26 11.00 Bowling 2 .00 bingo	10Exercise 27 11.00 Anglican 2.00 birthday party	Talk with a friend 28 Share a joke Dominos	Word games 29 Reading Colouring
10Exercise 30 11.residenbts committee meeting. 2.00Bingo	31 10Exercises 11 Residents meeting. 2.00one on one activity					

December Birthdays

In December, we celebrate birthdays with:

- Eleanor S
- Betty C
- Valerie W
- Margaret M
- Judy L

Please join us in the recreation room on the first Sunday in December to celebrate!



Birthday Spotlight:

Frank Sinatra (Born December 12, 1915)

Frank Sinatra, born on December 12, 1915, was one of the greatest entertainers of the 20th century. Known for classics like "My Way" and "New York, New York," Sinatra's smooth voice and charisma made him a music legend.

He also had a successful acting career, winning an Academy Award for From Here to Eternity. Sinatra's influence on music and film remains timeless.

Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, and disciplined and have good managers

WOW!

Spotlight of the Month: The Invention of Radio

In December 1906, Canadian inventor Reginald Fessenden made the first radio broadcast of a human voice, playing "O Holy Night" and reading a Bible passage. This marked the start of public radio, a technology that still connects and enriches lives today.

Poem to Share

A Time to Believe

B.J. Gallagher

To believe is to know that
Every day is a new beginning.
It is to trust that miracles happen,
And dreams really do come true.

To believe is to see angels
Dancing among the clouds,
To know the wonder of a stardust sky,
And the wisdom of the man in the moon.

To believe is to embrace the values
Of caring and sharing,
To know the gift of a loving heart,
It is to know we are never really alone.

To believe is to find the strength
And courage that lies within us
When it is time to pick up
The pieces and begin again.

To believe is to know
We are wonderful works in progress,
To trust that we have within us
The power to heal and grow.

To believe is to continue to pursue
Our hopes and dreams,
For as long as there is a dream,
There is hope,
And as long as there is hope,
There is joy in living.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Valerie
- Fay
- Charles

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past few months!

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Gwen N**

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime.

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Monday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

OUR VOLUNTEERS

Thank you to all our volunteers this year for all the help you have provided us.

The Residents and activity team would like to thank you and also wish you a very Merry Christmas and a Happy New year.

CULTURAL CELEBRATION

In the month of August we celebrate Indian Independence Day. Watch your calendar for related activities in the recreation room.

Laughing Matters



Nice Tie

A man walks into a nearly empty bar and orders a drink. He's sitting alone at the end of the bar, sipping away, and he hears a voice.

"Nice shirt."

He looks around and sees no one nearby. He forgets about it and continues drinking.

"Nice tie," the voice says again.

He looks around a second time. The bartender and all other customers are at the other side of the room. Confused, the man calls the bartender over and asks about the mysterious voice that admired his clothing.

"Oh, that's the peanuts," the bartender said.

"The peanuts?" asked the man.

"Yeah, they're complimentary."

The Grocery Store

I went down the street to the 24-hour grocery. When I got there, the guy was locking the front door.

I said, 'Hey, the sign says you're open 24 hours.'

He said, 'Yes, but not in a row.'

Word Search

HOLIDAY MOVIE CHARACTERS



C T G E O R G E B A I L E Y E F
H D G R I N C H G V Z I Y V Q K
A H B U D D Y T H E E L F Y G R
R S C I S S O R H A N D S Z U I
L O U E L I Z A B E T H G B X S
I R U D O L P H M K E V I N M K
E S I I B Q V I R G I N I A D R
B F R O S T Y G R I S W O L D I
R O U B O B C R A T C H I T O N
O Q D Y V O J I M H A R D Y R G
W A O E H N E A L P A G E P R L
N R A L P H I E C L A R E N C E
F B E T T Y A N D J U D Y E L Y
O Y M A R Y C O R N E L I U S C

Find the underlined words

<u>Rudolph</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Grinch</u>	<i>How the Grinch Stole Christmas (2000)</i>
<u>Frosty</u>	<i>Frosty the Snowman (1969)</i>
<u>Buddy the Elf</u>	<i>Elf (2003)</i>
<u>Virginia</u>	<i>Yes, Virginia, There is a Santa Claus (1991)</i>
<u>Betty and Judy</u>	<i>White Christmas (1954)</i>
<u>Bob Cratchit</u>	<i>A Christmas Carol (1984)</i>
<u>Kevin</u>	<i>Home Alone (1990)</i>
<u>George Bailey</u>	<i>It's a Wonderful Life (1946)</i>
<u>Griswold</u>	<i>National Lampoon's Christmas Vacation (1989)</i>
<u>Ralphie</u>	<i>A Christmas Story (1983)</i>
<u>Kris Kringle</u>	<i>Miracle on 34th Street (1947)</i>
<u>Jim Hardy</u>	<i>Holiday Inn (1942)</i>
<u>Charlie Brown</u>	<i>A Charlie Brown Christmas (1965)</i>
<u>Clarence</u>	<i>It's a Wonderful Life (1946)</i>
Yukon <u>Cornelius</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Elizabeth</u> Lane	<i>Christmas in Connecticut (1945)</i>
Edward <u>Scissorhands</u>	<i>Edward Scissorhands (1990)</i>
<u>Neal</u> Page	<i>Planes, Trains, and Automobiles (1987)</i>
<u>Mary</u> Quite Contrary	<i>Babes in Toyland (1986)</i>