

Kanandah Kapers

October 2024

Kanandah , 21 Douro Street, 63786400



IN THIS ISSUE

Editor's Desk	2
Upcoming Events	3
Hostel program	4
A Poem to Share	6
Noticeboard	7-8
Laughing Matters	9
Spotlight	10
Crossword	11

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Editor's Desk

Hello Residents, Families and Friends!

Last Month We celebrated Father's Day with a pie and beer Day.

This month the residents enjoyed some new activities ,we have had lots of fun and laughter and cant wait to see what happens next month.



All the best

Georgie and Caitlin

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**

Quote of the Day

*Until one has loved
an animal, a part of
one's soul remains
unawakened.*

- Anatole France

Upcoming Events

Resident's Meeting

Monday 28th and Tuesday 29th of October 11am

Armchair Travel

Friday 25th 2pm activity room.

Morning Tea in Mortimer Garden.

Thursday 11th 10.00am morning tea in the garden.



Regular Events

Happy Hour every Friday 5pm

Church service every 1st, 3rd and 4th Friday 11am

Hairdresser every Monday

Men's Group 22nd Monday 2pm

Bingo! Every Monday and Thursday at 2pm

Special Days

1st Day of Older Persons

1st Intl. Music Day

1st Residents' Rights Month

4th World Animal Day

4th World Space Week

5th World Teachers Day

6th World Smile Day

9th Curious Events Day

9th Columbus Day

9th Indigenous Peoples' Day

9th Thanksgiving (Canada)

25th Pablo Picasso's Birthday

31st Halloween

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Hostel	10.00 1 Exercise 11.00 bean bag throwing 2.00 Birthday party for September	2	10.00 3 Exercise 11.00 golf 2.00 Bingo	10.00 4 Exercise 11.00 Presbyterian Church 2.00 Bowling	Puzzles 5 Movies Walks in the garden	Listen to 6 Music Read a poem. Cards
10.00 7 Exercise 11.00 Bowling 2.00 hand massage and individual activities	10.00 8 Exercise 11.00 Word games 2.00 Bingo	10.00 9 Exercise 11.00 Golf	Morning tea 10 in Mortimer Garden. And Quoits. 2.00 Bingo	No activities 11 Vaccination.	Talk to a 12 friend. Colouring Watch sport on Tv	Read the 13 paper. Sit in the garden and watch the birds
10.00 14 Exercise 11.00 bowling 2.00 Bingo	10.00 15 Exercise 11.00 Kubb's 2.00 hand massages and one on one activities.	16	10.00 17 Exercise 11.00 Word games 2.00 Bingo	10.00 18 Exercise 11.00 Catholic church. 2.00 Armchair travel	Ring a 19 family member. Read a book. Knit	Movie 20 Books Walk in garden
10.00 21 Exercise 11.00 Cards 2.00 Bingo	10.00 22 Exercise 11.00-word games 2.00 Men's club	23	10.00 24 Exercise 11.00 Bowling 2.00 Bingo	10.00 25 Exercise 11.00 Anglican Church 2.00 Gardening Club	Movie 26 Listen to Music Puzzles	Pick some 27 flowers. Walk around the gardens. Movie
10.00 28 Exercise 11.00 Residents committee Meeting	10.00 29 Exercise 11.00 Residents meeting	30	Halloween 31 10.00 Exercise 11.00 Bean bag toss	Hostel program		

2.00 Bingo	2.00 High tea and birthday party		2.00 Bingo
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October Birthdays

In October, we celebrate birthdays with:

- Edna
- Joyce K
- Tony S
- Mary V

Please join us in October to celebrate!



Julie Andrews, Actor, 1st October 1935
Chevy Chase, Actor, 8th October 1943
John Lennon, Musician, 9th October 1940
Hugh Jackman, Actor, 12th October 1968
Margaret Thatcher, Prime Minister, 13th October 1925
Rita Hayworth, Actress, 17th October 1918
Joan Fontaine, Actress, 22nd October 1917
Pablo Picasso, Painter, 25th October 1881
Carrie Fisher, Actress, 21st October 1956
Bill Gates, Philanthropist, 28th October 1965

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

October Spotlight: **The Light Bulb**

In October 1879, Thomas Edison successfully tested a practical electric light bulb with a carbon filament that lasted 13.5 hours. This invention revolutionized life, marking the start of the electric age and symbolizing the power of innovation.

WOW!

Poem to Share

A Dog's Love

Edgar A. Guest

A dog's love is something true,
It comes without a price or fee.
A loyal friend, steadfast and strong,
Who walks with us, where we belong.

They ask for little, give so much,
A gentle nudge, a soft, warm touch.
In their eyes, we see a trust,
A love that's pure, a bond that's just.

So, cherish well this friend so dear,
For in their heart, you're held nearby.
In a dog's love, you'll always find,
A faithful heart, forever kind.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Betty
- Suzanne
- Douglas
- Trevor
- Tony Mc
- Robert B

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Shirley R
- Gwen F
- Rick T

CONTINUOUS IMPROVEMENT

Residents, families, and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Monday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

Laughing Matters



The Talking Dog

A man sees a sign in front of a house: "Talking Dog for Sale." Curious, he rings the doorbell. The owner tells him the dog is in the backyard. The man walks into the backyard and asks the dog, "Can you talk?"

"Yep," the dog replies.

"So, what's your story?" the man asks.

The dog looks up and says, "Well, I discovered my talking ability as a pup. I wanted to help, so I joined the CIA and traveled the world, gathering intelligence. I even sat in on high-level meetings with world leaders! Eventually, I retired, settled down, and now I enjoy relaxing in the sun."

The man is stunned. He asks the owner, "How much do you want for this incredible dog?"

"Ten dollars," the owner replies.

"Ten dollars? Why so cheap?"

"Well," the owner says, "he's a great storyteller, but he's a terrible liar!"

The Smart Parrot

A woman buys a parrot that used to belong to a sailor, and she soon discovers the bird knows quite a few colorful words. Hoping to train him out of his foul language, she says, "If you say anything inappropriate, I'll put you in the freezer for a minute to cool off."

The parrot tries to be good but slips up, so into the freezer he goes. After a minute, she lets him out and asks, "Have you learned your lesson?"

The parrot shivers and says, "Yes, ma'am, I won't say those words again. But, can I ask—what did the chicken do?"

Look out chooks about.



Our Douro Friends

We have some new friends down in Douro.

The chooks Have Kindly been Donated by Graham Neowhouse.

The feeder and waters have been Donated by Caitlin Bradford

Thank you, Caitlin and Graham, for organizing this it will bring some fun times for the residents in Douro.

Crossword

GUESS THE ANIMAL CROSSWORD



A crossword puzzle grid with 20 numbered starting points for words:

- 19: 2-letter vertical word at the top.
- 20: 10-letter horizontal word below 19.
- 17: 6-letter horizontal word below 20.
- 11: 2-letter vertical word to the right of 17.
- 14: 2-letter horizontal word below 17.
- 12: 2-letter horizontal word to the right of 14.
- 7: 3-letter vertical word to the right of 14.
- 9: 5-letter horizontal word below 7.
- 2: 2-letter horizontal word to the right of 9.
- 10: 5-letter horizontal word to the left of 9.
- 5: 6-letter horizontal word below 10.
- 3: 2-letter horizontal word to the right of 5.
- 6: 4-letter horizontal word below 3.
- 4: 6-letter horizontal word to the right of 6.
- 16: 4-letter vertical word to the left of 6.
- 8: 5-letter horizontal word below 16.
- 15: 3-letter horizontal word to the right of 8.
- 18: 2-letter horizontal word to the right of 15.

Across

4. I am related to armadillos and I am very lazy I live in the tropical rain forests of Central and South America I like hanging upside down - 5
5. I am a burrowing plant-eating animal with long ears long hind legs and a short tail - 6
6. I am a large vulture of the Andes and the national symbol of Peru - 6
8. I am an Australian songbird capable of imitating almost any sound - 8
9. I am a flightless seabird I use my wings as flippers under water - 7
10. I am a relative of the llama - 6
14. I am a nocturnal bird with large eyes and a hooked beak I hunt insects and small mammals for food - 3
17. I am an arctic whale with a long spiral ivory tusk - 7
20. I am the largest living shark species I am harmless to humans - 10

Down

2. I am a spiny egg-laying mammal with a long snout and claws native to Australia - 7
3. I am a deer-like animal with huge antlers - 5
6. I am a South American mammal that resembles a giant long-legged guinea pig I am the largest living rodent - 8
7. I look like a small bear but I am not related to them I only eat eucalyptus leaves - 5
11. I am a large water boa constrictor from South America - 8
12. I am rather small I can jump and I have very long antennae I have been quoted as one of the ten plagues of the Bible - 6
13. I am a small very intelligent African ape with black or brown fur and a slightly lighter and hairless face - 10
15. I am a wild shaggy-haired ox with a humped back - 5
16. I am an American wild cat - 6
18. I live in the ocean I have a beak-like snout and a curved fin on my back I am known for being sociable and intelligent - 7
19. I am a dog-like African mammal and scavenger with forelimbs that are longer than the hindlimbs and an erect mane - 5

