Kanandah Kapers October 2024

Kanandah, 21 Douro Street, 63786400



This Photo by Unknown Author is licensed under CC BY-ND

IN THIS ISSUE

| Editor's Desk | 2 |
|------------------|-----|
| Upcoming Events | 3 |
| Hostel program | 4 |
| A Poem to Share | 6 |
| Noticeboard | 7-8 |
| Laughing Matters | 9 |
| Spotlight | 10 |
| Crossword | 11 |

Editor's Desk

Hello Residents, Families and Friends!

Last Month We celebrated Father's Day with a pie and beer Day.

This month the residents enjoyed some new activities ,we have had lots of fun and laughter and cant wait to see what happens next month.



All the best

Georgie and Caitlin

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: Libra & Scorpio Birthstone: Opal & Tourmaline Flower: Calendula

Quote of the Day

Until one has loved an animal, a part of one's soul remains unawakened.

- Anatole France

Upcoming Events

Resident's Meeting Monday 28th and Tuesday 29th of October 11am

Armchair Travel Friday 25th 2pm activity room.

Morning Tea in Mortimer Garden. Thursday 11th 10.00am morning tea in the garden.

Regular Events

Happy Hour every Friday 5pm Church service every 1st ,3rd and 4th Friday 11am Hairdresser every Monday Men's Group 22nd Monday 2pm Bingo! Every Monday and Thursday at 2pm



Special Days

- 1st Day of Older Persons
- 1st Intl. Music Day
- 1st Residents' Rights Month
- 4th World Animal Day
- 4th World Space Week
- 5th World Teachers Day
- 6th World Smile Day
- 9th Curious Events Day
- 9th Columbus Day
- 9th Indigenous Peoples' Day
- 9th Thanksgiving (Canada)
- 25th Pablo Picasso's Birthday
- 31st Halloween

🖁 🟦 🎜 October 2024 🌣 🥔 🖲 🔴

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|-----------------------------------|--|---|---|---|
| Hostel | 10.001Exercise11.00 beanbag throwing2.00 Birthdayparty forSeptember | 2 | 10.00 3 Exercise 11.00 golf 2.00 Bingo | 10.00 Exercise411.00 Presbyterian Church2.00 Bowling | Puzzles 5 Movies Walks in the garden | Listen to 6 Music Read a poem. Cards |
| 10.007Exercise11.00 Bowling2.00 hand massage and individual activities | 10.008Exercise11.00 Wordgames2.00 Bingo | 10.00 9 Exercise 11.00 Golf | Morning tea 10 in Mortimer Garden. And Quoits. 2.00 Bingo | No activities 11 Vaccination. | Talk to a 12 friend. Colouring Watch sport on Tv | Read the 13 paper. Sit in the garden and watch the birds |
| Exercise | 10.0015Exercise11.00 Kubb's2.00 hand massages and one on one activities. | 16 | 10.0017Exercise11.00 Wordgames2.00 Bingo | 10.00 18 Exercise 11.00 Catholic church. 2.00 Armchair travel | Ring a 19 family member. Read a book. Knit | Movie 20 Books Walk in garden |
| 10.00 21 Exercise 11.00 Cards 2.00 Bingo | 10.0022Exercise11.00-wordgames2.00 Men'sclub1000 Men's | 23 | 10.00 24 Exercise 11.00 Bowling 2.00 Bingo | 10.00 25 Exercise 11.00 Anglican Church 2.00 Gardening Club | Movie 26 Listen to Music Puzzles | Pick some 27 flowers. Walk around the gardens. Movie |
| 10.0028Exercise11.00ResidentscommitteeMeeting | 10.0029Exercise11.00Residentsmeeting | 30 | Halloween 31 10.00 Exercise 11.00 Bean bag toss | Но | stel progra | m |

| 2.00 Bingo | 2.00 High tea and birthday party | 2.00 Bingo |
|------------|--|------------|
| | | |

October Birthdays

In October, we celebrate birthdays with:

- Edna
- Joyce K
- Tony S
- Mary V

Please join us in October to celebrate!

Julie Andrews, Actor, 1st October 1935 Chevy Chase, Actor, 8th October 1943 John Lennon, Musician, 9th October 1940 Hugh Jackman, Actor, 12th October 1968 Margaret Thatcher, Prime Minister, 13th October 1925 Rita Hayworth, Actress, 17th October 1918 Joan Fontaine, Actress, 22nd October 1917 Pablo Picasso, Painter, 25th October 1881 Carrie Fisher, Actress, 21st October 1956 Bill Gates, Philanthropist, 28th October 1965



Libra (Oct 23 - Oct 22) Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22) Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

October Spotlight: The Light Bulb

In October 1879, Thomas Edison successfully tested a practical electric light bulb with a carbon filament that lasted 13.5 hours. This invention revolutionized life, marking the start of the electric age and symbolizing the power of innovation.

Poem to Share

A Dog's Love

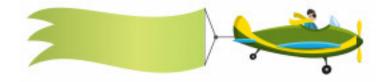
Edgar A. Guest

A dog's love is something true, It comes without a price or fee. A loyal friend, steadfast and strong, Who walks with us, where we belong.

They ask for little, give so much, A gentle nudge, a soft, warm touch. In their eyes, we see a trust, A love that's pure, a bond that's just.

So, cherish well this friend so dear, For in their heart, you're held nearby. In a dog's love, you'll always find, A faithful heart, forever kind.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Betty
- Suzanne
- Douglas
- Trevor
- Tony Mc
- Robert B

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

Residents, families, and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Shirley R
- Gwen F
- Rick T

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdressser who attends every Monday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

Laughing Matters

The Talking Dog



A man sees a sign in front of a house: "Talking Dog for Sale." Curious, he rings the doorbell. The owner tells him the dog is in the backyard. The man walks into the backyard and asks the dog, "Can you talk?"

"Yep," the dog replies.

"So, what's your story?" the man asks.

The dog looks up and says, "Well, I discovered my talking ability as a pup. I wanted to help, so I joined the CIA and traveled the world, gathering intelligence. I even sat in on high-level meetings with world leaders! Eventually, I retired, settled down, and now I enjoy relaxing in the sun."

The man is stunned. He asks the owner, "How much do you want for this incredible dog?"

"Ten dollars," the owner replies.

"Ten dollars? Why so cheap?"

"Well," the owner says, "he's a great storyteller, but he's a terrible liar!"

The Smart Parrot

A woman buys a parrot that used to belong to a sailor, and she soon discovers the bird knows quite a few colorful words. Hoping to train him out of his foul language, she says, "If you say anything inappropriate, I'll put you in the freezer for a minute to cool off."

The parrot tries to be good but slips up, so into the freezer he goes. After a minute, she lets him out and asks, "Have you learned your lesson?"

The parrot shivers and says, "Yes, ma'am, I won't say those words again. But, can I ask—what did the chicken do?"

Look out chooks about.



Our Douro Friends

We have some new friends down in Douro.

The chooks Have Kindly been Donated by Graham Neowhouse.

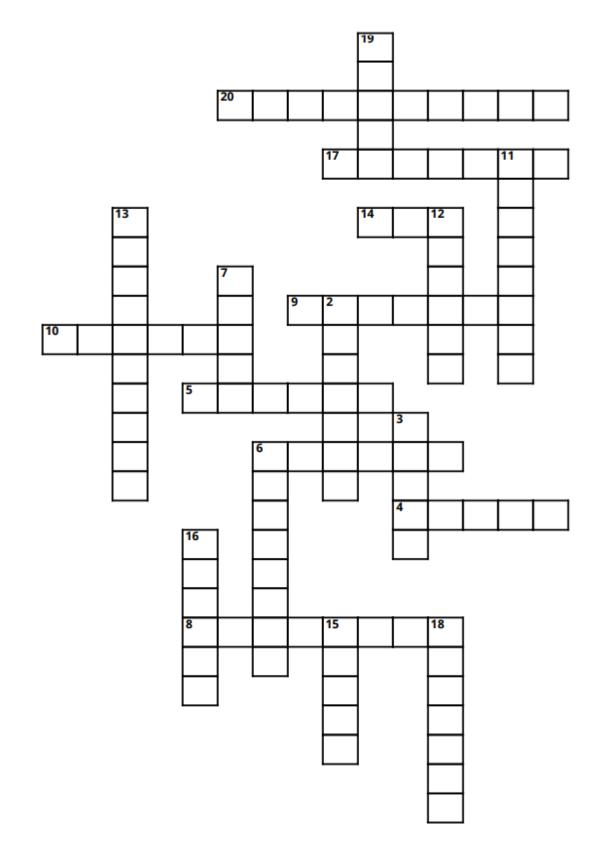
The feeder and waters have been Donated by Caitlin Bradford

Thank you, Caitlin and Graham, for organizing this it will bring some fun times for the residents in Douro.

Crossword

GUESS THE ANIMAL CROSSWORD





Across

4. I am related to armadillos and I am very lazy I live in the tropical rain forests of Central and South America I like hanging upside down - 5

5. I am a burrowing plant-eating animal with long ears long hind legs and a short tail - *6*

6. I am a large vulture of the Andres and the national symbol of Peru - *6*

8. I am an Australian songbird capable of imitating almost any sound - *8*

9. I am a flightless seabird I use my wings as flippers under water - 7

10. I am a relative of the llama - 6

14. I am a nocturnal bird with large eyes and a hooked beak I hunt insects and small mammals for food - 3

17. I am an arctic whale with a long spiral ivory tusk - *7*

20. I am the largest living shark species I am harmless to humans - *10*

Down

2. I am a spiny egg-laying mammal with a long snout and claws native to Australia - *7*

3. I am a deer-like animal with huge antlers - 5

6. I am a South American mammal that resembles a giant long-legged guinea pig I am the largest living rodent - 8

7. I look like a small bear but I am not related to them I only eat eucalyptus leaves - *5*

I am a large water boa constrictor from South
America - 8

12. I am rather small I can jump and I have very long antennae I have been quoted as one of the ten plagues of the Bible - 6

13. I am a small very intelligent African ape with black or brown fur and a slightly lighter and hairless face - 10

15. I am a wild shaggy-haired ox with a humped back - 5

16. I am an American wild cat - 6

18. I live in the ocean I have a beak-like snout and a curved fin on my back I am known for being sociable and intelligent - 7

19. I am a dog-like African mammal and scavenger with forelimbs that are longer than the hindlimbs and an erect mane - 5

