

# Kanandah Kapers

*March  
2021*

## NEWS

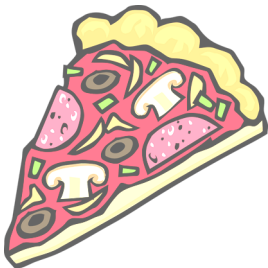


Its March already and the beginning of Autumn. Last month we made our own fresh pancakes for Pancake Day, and celebrated St Valentine with some romantic old songs.

This month we celebrate St Patrick's Day and all things Irish. We will be playing "Irish Bowls" (do you remember what they are?) Also we will be making Irish themed Icecream Sundaes.



We welcome the return of Fellowship Afternoon to our Program at 2.30pm on 15th March. It will be great to see Sue and her helpers again and also to gather together afterwards.



We had a fabulous "Italiano Pizza Luncheon", complete with Italian music and decorations. It was something different and nice to sample a bit of another culture.

In March we will also be sampling another culture as our special lunch this month will be a Chinese Banquet. We have some interesting decorations to prepare and would appreciate your help in making these at the art and craft sessions.



At the recent "Tea and Coffee tasting around the World" we sampled a variety of brews. Which was your favourite brew? This month we will be a sampling Honey and other snacks. Are all honeys the same or are there distinctly different flavours. Come along and find out for yourself.



## LIBRARY BOOKS



Old library books need to be collected and given to the front office the day before the library van visits. The virus can survive on books for 3 days, so new books will wait in the front office till the following Monday before being distributed to you.

## WATTLE CAFÉ & CANTEEN

Café open 5 days Sun-Thurs 10am to 3pm, but closed public holidays.

If Café is unattended please see the Kitchen.

The Café will now stock most common items from the Canteen.



## SHOPPING



The preferred method to for shopping is to contact your family and they can drop the goods into the front office, then staff will deliver it to you. If unable to do this you can fill out a Shopping form available in a green folder at the front foyer office by 3pm Tuesday.

***Note:** To reduce risk of infection volunteers will shop only in 3 places (Woolworths, Big W and Blooms Chemist).*

*Supplies may be limited in store, so if not available, volunteers could buy an alternative item if you add this to your description on the form.*



## HAIRDRESSER

We have hairdressers available for Hairdressing each week, to cut, set and blow dry hair. See program for days.

**PODIATRIST** will continue to visit every second week.



## ZOOM—to contact family

Zoom is a service available for you to see and speak to your family on a screen. If interested please see Donna, Jacqui or Phil.



## CHURCH

Most Church Services are temporarily out of action. While not a complete replacement, "Songs of Praise" is on the ABC at 11.30am on Sundays. Please ask staff to put this on the TV in activity spaces if you are interested. Online church services are available also (see program for times).

# SPECIAL EVENTS THIS MONTH

(see monthly programs for dates and times)

## MEN'S AFTERNOON



A chance for the men to get together for snacks, drinks and a chat.

## LADIES AFTERNOON TEA



Ladies get-together, with cuppas, snacks and company.

## BIRTHDAY PARTY AND HAPPY HOUR



Celebrate the Birthdays for this month with Snacks, drinks and your favourite music.

## HONEY TASTING



Is there more than one sort of honey? Come along and use your taste buds to find out.



## CHINESE BANQUET

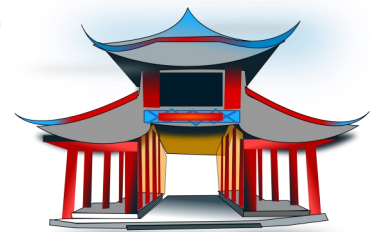
Experience some Chinese culture, music, and food all without leaving Kanandah.

**Cost:** to be decided.

**Venue:** Activities Room or Douro Lodge or Mortimer Cottage.

**Dates:** see program.

See Donna or Phil if interested.



# IRISH FINDAWORD

F R I R E L A N D J U N P O G  
B L A R N E Y S T O N E O Y E  
I I W V I P L A I K B V T A V  
R M N H U R A I N B O W A S N  
I E R G R E E N E L F N T I U  
S R Y W N C P O T O F G O L D  
H I M C R H A N R H N B E E R  
J C Q S H A M R O C K O S N O  
I K X L U C K A V I Y W S Y E  
G W S A I N T P A T R I C K E  
O G U I N N E S S N A K E S B

**Saint Patrick**  
**Limerick**  
**Snakes**  
**Shamrock**  
**Luck**  
**Leprechaun**  
**Pot of gold**  
**Rainbow**  
**Blarney Stone**  
**Green**  
**Ireland**  
**Potatoes**  
**Beer**  
**Guinness**  
**Irish jig**

LUCK  
O' THE  
IRISH

