

ACTIVITIES FOR Hostel SEPTEMBER 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1			<p style="text-align: center;">1</p> <p>High Care Activities</p> <p>2.00 Pancake Afternoon</p>	<p style="text-align: center;">2</p> <p>10.00 Exercises</p> <p>11.00 Golf</p> <p>Hairdresser</p>	<p style="text-align: center;">3</p> <p>10.00 Exercises</p> <p>11.00 Church-</p> <p>2.00 Bingo Afternoon</p>	<p style="text-align: center;">4</p> <p>Findawords</p> <p>2.00 Afternoon Movie</p>	<p style="text-align: center;">5 Father's Day</p> <p>Free Beer & Drinks for Father's Day Lunch</p> <p>11:30 Songs of Praise</p> <p>6.45 Father's Day Bingo Night</p>
2	<p style="text-align: center;">6</p> <p>10.00 Exercises</p> <p>11.00 Ten Pin Bowls</p> <p>2.00 Bingo</p>	<p style="text-align: center;">7</p> <p>10.00 Exerc/Weights</p> <p>10.00 Shopping</p> <p>11.00 Music with Karen</p> <p>2.00 Men's Pool Afternoon</p>	<p style="text-align: center;">8</p> <p>High Care Activities - Singalong</p> <p>3.30 Manicures</p> <p>Collect Library Books</p>	<p style="text-align: center;">9</p> <p>10.00 Exercises</p> <p>11.00 Craft</p> <p>Hairdresser</p> <p>2.00 Ladies Afternoon Tea</p> <p>Library Van visits</p>	<p style="text-align: center;">10</p> <p>10.00 Exercises</p> <p>11.00 Church-Presbyt</p> <p>2.00 Bingo Afternoon</p>	<p style="text-align: center;">11</p> <p>Crosswords</p> <p>2.00 Afternoon Movie</p>	<p style="text-align: center;">12</p> <p>11:30 Songs of Praise</p> <p>2.00 Afternoon Movie</p>
3	<p style="text-align: center;">13</p> <p>10.00 Exercises</p> <p>11.00 Word Games</p> <p>2.00 Bingo</p> <p>Library books delivered</p>	<p style="text-align: center;">14</p> <p>10.00 Exerc/Weights</p> <p>10.00 Shopping</p> <p>11.00 Painting</p> <p>2.00 Manicures</p> <p>Hairdresser</p>	<p style="text-align: center;">15</p> <p>High Care Activities</p> <p>2.00 Trivia</p>	<p style="text-align: center;">16</p> <p>10.00 Exercises</p> <p>11.00 Ball Games</p> <p>Hairdresser</p> <p>2.00 Craft</p>	<p style="text-align: center;">17</p> <p>10.00 Exercises</p> <p>11.00 Church-Catholic</p> <p>2.00 Bingo Afternoon</p>	<p style="text-align: center;">18</p> <p>Findawords</p> <p>2.00 Afternoon Movie</p>	<p style="text-align: center;">19</p> <p>11:30 Songs of Praise</p> <p>2.00 Afternoon Movie</p>
4	<p style="text-align: center;">20</p> <p>10.00 Exercises</p> <p>11.00 Darts</p> <p>2.30 Fellowship Afternoon</p>	<p style="text-align: center;">21</p> <p>10.00 Exerc/Weights</p> <p>10.00 Shopping</p> <p>11.00 Residents' Meeting</p> <p>2.00 Bingo</p> <p>Hairdresser</p>	<p style="text-align: center;">22</p> <p>High Care Activities</p> <p>2.00 Word Games</p>	<p style="text-align: center;">23</p> <p>10.00 Exercises</p> <p>11.00 Craft</p> <p>Hairdresser</p> <p>2.00 Bowls</p>	<p style="text-align: center;">24</p> <p>10.00 Exercises</p> <p>11.00 Church-Anglica</p> <p>2.00 Bingo Afternoon</p>	<p style="text-align: center;">25</p> <p>Crosswords</p> <p>2.00 Afternoon Movie</p>	<p style="text-align: center;">26</p> <p>11:30 Songs of Praise</p> <p>2.00 Afternoon Movie</p>
5	<p style="text-align: center;">27</p> <p>10.00 Exercises</p> <p>11.00 Trivia</p> <p>2.00 Bingo</p>	<p style="text-align: center;">28</p> <p>10.00 Exerc/Weights</p> <p>10.00 Shopping</p> <p>12.00 Special Luncheon</p> <p>2.00 Manicures</p> <p>Hairdresser</p>	<p style="text-align: center;">29</p> <p>High Care Activities</p> <p>2.00 Cuppa & a chat</p> <p>Collect Library Books</p>	<p style="text-align: center;">30</p> <p>10.00 Exercises</p> <p>11.00 Indoor Sports</p> <p>Hairdresser</p> <p>2.00 Birthday Party & Happy Hour</p> <p>Library Van visits</p>			