

ACTIVITIES FOR Douro Lodge SEPTEMBER 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1			1 Trivia Zoom Ball Games	2 Exercises to Music Trivia Bingo	3 Craft Singalong Pamper Session	4 Individual Therapy Newspaper Reading & Discussion Zoom Golf	5 Father's Day Exercises Free Beer & Drinks for Father's Day Lunch Singalong 6.45 Father's Day Bingo Night (hostel)
2	6 Shopping orders Craft Zoom Bingo	7 11.00 Music with Karen Zoom Balloon Games	8 Ball Games Zoom Video & Manicures Collect Library Books	9 Bingo Golf Library Van visits	10 Exercises to Music Word Games Cards	11 Individual Therapy Trivia Zoom Singalong	12 Exercises 11.30 Songs of Praise Online Church Zoom Cheese Tasting
3	13 Shopping orders Bowls Zoom Painting Library books delivered	14 Bingo Zoom Pancake Afternoon	15 Ball Games Zoom Singalong	16 Exercises to Music Trivia Video & Manicures	17 Bingo Individual Therapy Ladies Afternoon Tea Men's DVD Documentary	18 Individual Therapy Newspaper Reading & Discussion Zoom Giant Skittles	19 Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong
4	20 Shopping orders Word Games Zoom 2.30 Fellowship Afternoon	21 Bowls Zoom Bingo	22 Painting Zoom Video & Manicures	23 Golf Individual Therapy Pamper Session	24 Exercises to Music Word Games Bingo	25 Individual Therapy Trivia Zoom Singalong	26 Exercises 11.30 Songs of Praise Online Church Mens Afternoon Ladies Knitting Group Zoom
5	27 Shopping orders Bingo Zoom Darts	28 Lunch Preparations 12.00 Special Luncheon Zoom Video & Manicures	29 Craft Zoom Happy Hour & Birthday Party Collect Library Books	30 Exercises to Music Trivia Singalong Library Van visits			