



ACTIVITIES FOR HOSTEL OCTOBER 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1				1 10.00 Exercises 11.00 Golf 2:00 Library Van visits	2 10.00 Exercises 11.0 church Anglican On-Line 2.00 Bingo Afternoon Hairdresser	3 Findawords 2.00 Movie (ask staff)	4 Daylight Savings 11.30 Songs of Praise 2.00 Movie (ask staff)
2	5 LABOUR DAY PUBLIC HOLIDAY	6 10.00 Exerc/Weights 10.00 Shopping 11:00 Bowls Library books delivered 2.00 Bingo Hairdresser	7 High Care Activities & Piper the dog visiting 2.00 Manicures	8 10.00 Exercises 11:00 Trivia 2.00 Mens Afternoon In Annie's Garden	9 10.00 Exercises 11.00 Church Frontline On - Line 2.00 Bingo Afternoon	10 Crosswords 2.00 Movie (ask staff)	11 11.30 Songs of Praise 2.00 Movie (ask staff)
3	12 10.00 Exercises 11.00 Painting 2.00 Bingo Afternoon	13 10.00 Exerc/Weights 10.00 Shopping 11.00 Craft 2.00 Making Trifles	14 High Care Activities & Luna the dog visiting 2:00 Brain Teasers	15 10.00 Exercises 11.00 Darts 2.00 Ladies afternoon In Mortimer Gardens	16 10.00 Exercises 11.00 Church Catholic On Line 2.00 Bingo Afternoon Hairdresser	17 Findawords 2.00 Movie (ask staff)	18 11.30 Songs of Praise 2.00 Movie (ask staff)
4	19 10.00 Exercises 11.00 Art/Craft <i>make fascinators and ties</i> 2.00 Bingo Afternoon Library books delivered	20 10.00 Exerc/Weights 10.00 Shopping 11.00 Bowls Melbourne Cup Sweeps collection	21 High Care Activities Luna the dog visiting 2pm Manicures	22 10.00 Exercises 11.00 Bobs 2.00 Happy Hour & Birthday Party	23 10:00 Exercises 11.00 Church Frontline On-Line 2.00 Bingo Afternoon Hairdresser	24 Crosswords 2.00 Movie (ask staff)	25 11.30 Songs of Praise 2.00 Movie (ask staff)
5	19 Olympics 10.00 Exercises 11.00 Golf 2.00 Speed Trivia in Pool table area	20 Olympics 10.00 Exerc/Weights 10.00 Shopping 11.00 Bocce in Rose Garden area Hairdresser 2.00 Name that tune	21 Olympics 11.00 Ten Pin Bowling in Mortimer Park 12:30 Pub Grub (Pub Lunch) 2.00 Quoits in High Care Dining R	22 Olympics 10.00 Exercises 11.00 Bean Bag Toss outside Training Room Library Van visits 2.00 Who am I? in Pool table area	23 Olympics 10.00 Exercises 11.00 Cup Ping Pong Outside HCare Sunroom 2.00 Final Presentation & Winners	31 Findawords 2.00 Movie (ask staff)	