



# ACTIVITIES FOR Douro Lodge OCTOBER 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1				1 Exercises to Music Trivia  Bingo Library Van visits	2 Craft  Singalong Pamper Session	3 Individual Therapy Newspaper Reading & Discussion Zoom Bingo	4 Daylight Savings Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong
2	5 Labour Day Shopping orders Word Games  Zoom Pancake Afternoon	6 Replacement Trivia  Zoom Craft	7 Replacement Darts  Zoom Video & Manicures Collect Library Books	8 Bingo  Golf	9 Exercises to Music Word Games  Ladies Afternoon Tea Men's DVD Documentary	10 Individual Therapy Craft  Zoom Singalong	11 Exercises 11.30 Songs of Praise Online Church Zoom Painting
3	12 Shopping orders Craft  Knitting Group 2.00 Mens Afternoon Library books delivered	13 Craft  Zoom Making Trifles	14 Ball Games 2.30 CQI Meeting Zoom Bingo	15 Exercises to Music Trivia  Singalong	16 Bingo  Individual Therapy Painting	17 Individual Therapy Trivia  Zoom Singalong	18 Exercises 11.30 Songs of Praise Online Church Zoom Cheese Tasting & Drinks in the Garden
4	19 Shopping orders Craft  Zoom Video & Manicures Melbourne Cup Sweeps	20 Bingo  Zoom Painting	21 Knitting Group Woodwork  Zoom Happy Hour & Birthday Party	22 Bowls  Individual Therapy Pamper Session Library Van visits	23 Exercises to Music Word Games  Bingo	24 Olympics Individual Therapy Cup Ping Pong & Discussion Zoom Singalong	25 Olympics Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Quoits
5	26 Olympics Shopping orders Ten Pin Bowling in Mortimer Park Zoom Who am I?	27 Olympics Drinks & nibbles 12.00 Hamburgers & Chips Zoom Name that Tune	28 Olympics Golf  Zoom 3.00 Final Presentation & Winners	29 Exercises to Music Trivia  Bingo	30 Craft  Singalong Pamper Session	31 Individual Therapy Newspaper Reading & Discussion Zoom Ballgames	

