

Douro Lodge - ACTIVITIES FOR NOVEMBER 2021

<i>wk</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>
	1	2	3	4	5	6	7
1	Exercises Movie	Bingo Craft	Exercises Trivia	Individual Activities Ball games	Bingo Happy Hour	Puzzles/word games Bowls	Songs of Praise
	8	9	10	11	12	13	14
2	Exercises Craft	Bingo Ten Pin Bowling	Exercises Trivia Singalong	Remembrance Day Individual Activities	Exercises Bingo	Games/puzzles Ball games	Songs of Praise
	15	16	17	18	19	20	21
3	Exercises Movie	Bingo Games/puzzles	Exercises Trivia Individual activities	Games/puzzles Trivia	Exercises Bingo	Games/puzzles Ball games	Songs of Praise
	22	23	24	25	26	27	28
4	Exercises Craft	Bingo Ten Pin Bowling	Exercises Trivia Singalong	Ball games Individual activities	Bingo Happy Hour	Ten Pin Bowling Games/puzzles	Songs of Praise
	29	30					
5	Exercises Movie	Bingo Individual activities Manicures					