



## ACTIVITIES FOR Hostel NOVEMBER 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	<b>30</b> 10:00 Exercises 11:00 Kanandah Christmas Decorating  2:00 Bingo					Findawords  2pm Movie	<b>1</b> 11.30 Songs of Praise  2pm Movie
	<b>2 Olympics</b> Shopping orders 10:00 Exercises 11am Golf  2pm Speed Trivia in Pool Room	<b>3 Olympics</b> 11am Bocce in Rose Gardens  2.30 Melbourne Cup Party	<b>4 Olympics</b> 11:00 Ten Pin Bowling Mortimer Park  2:00 Quoits in High Care Dining Room	<b>5 Olympics</b> 10:00 Exercises 11:00 Bean Bag Toss outside Training Room  2:00 Who Am I? In Pool Table Area	<b>6 Olympics</b> 10:00 Exercises 11:00 Cup Ping Pong  2:00 Final Presentation & Winners	<b>7</b> Crosswords  2pm Movie	<b>8</b> 11.30 Songs of Praise 2pm Movie Shopping Orders In (This week only)
3	<b>9</b> 9-12pm Great Blue guess ing comp, office 10:00 Exercises 11 Annie's Garden Music, 2:00 Bingo	<b>10</b> 10:00 Exercises 11:00 Residents Meeting  2:00 Relaxation & Mindfulness	<b>11 Remembrance Day</b> High Care in Café Pet Therapy  2:00 Painting	<b>12</b> 10:00 Exercises 11:00 Trivia  2:00 Gentlemen's Afternoon in garden Library Van visits	<b>13</b> 10:00 Exercises to Music 11:00 Church on-line  2:00 Bingo	<b>14</b> Findawords  2pm Movie	<b>15</b> 11.30 Songs of Praise 2pm Movie Shopping Orders In (This week only)
	<b>16</b> 9-12pm Great Blue Bake Off (buy a cake) 10:00 Exercises 11.00 Blue Movember Morning Tea in garden 2.00 Bingo	<b>17 Use pool table area</b> 10:00 Exercises 11:00 Coffee Conniseur (Taste coffees from around the world) 2:00 Craft Library books delivered	<b>18</b> High Care in Gardens Individual Therapy & Pamper Session  2:00 Afternoon Tea & Discussion Group	<b>19 Use pool table area</b> 10:00 Exercises 11:00 Quoits  2:00 Ladies afternoon	<b>20</b> 10:00 Exercises 11:00 Church on-line  2:00 Bingo	<b>21</b> Crosswords  2pm Movie	<b>22</b> 11.30 Songs of Praise  2pm Movie
5	<b>23</b> 9-12 Great Blue Trade Shopping orders 10:00 Exercises 11:00 Christmas Craft 2:00 Bingo	<b>24 Use pool table area</b> 10:00 Exercises  11.00 Bowls  2:00 Brain Teasers	<b>25</b> High Care in Café  12:30 Pub Grub Snitty & Chips 2:00 Manicures & Backroads	<b>26</b> 10:00 Exercises 11:00 Decorate Christmas Cookies 2:00 Happy Hour Birthday Party & Singalong	<b>27</b> 10:00 Exercises to Music 11:00 Church on-line  2:00 Bingo	<b>28</b> Findawords  2pm Movie	<b>29</b> 11.30 Songs of Praise  2pm Movie