

## Hostel - ACTIVITIES FOR MARCH 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	<b>1</b> 10.00 Exercises  11.00 Golf  2:00 Bingo	<b>2</b> Shopping 10:00 Exerc/Weights 11:00 Craft/Art 1:30 COVID-19 Information Session Activities Room <b>Hairdresser</b>	<b>3</b> High Care Activities In The Café  2:00 Manicures & Documentary	<b>4</b> Use Pool table area 10:00 Exercises 11:00 Riddles & Quizz  2:00 Individual Visits <b>Hairdresser</b>	<b>5</b> 10:00 Exercises  11:00 Church On-line  2.00 Bingo	<b>6</b>   2:00 Movie Afternoon	<b>7</b>  11.30 Songs of Praise  2:00 Afternoon Movie
	<b>8</b> 10.00 Exercises 11:00 Balloon Volley Ball  2.00 Bingo	<b>9</b> Shopping 10.00 Exerc/Weights 11:00 Who Am I ?  2:00 Arm Chair Travel <b>Hairdresser</b>	<b>10</b> High Care Activities In The Garden (all welcome)  2.00 Trivia	<b>11</b> 10:00 Exercies 11:00 Painting  2:00 Cup Cake Decorating <b>Hairdresser</b>	<b>12</b> 10.00 Exercises  11.00 Church-Frontline on-line 2.00 Bingo	<b>13</b>   2.00 Movie Afternoon	<b>14</b>  11.30 Songs of Praise  2:00 Documentary
	<b>15</b> 10.00 Exercises  11.00 Ball Games  2.30 Fellowship Afternoon	<b>16</b> Shopping 10:00 Exercises 11.00 Residents' Meeting  2.00 Bingo <b>Hairdresser</b>	<b>17 St Patrick's Day</b> 10:00 Exercises 11:00 Irish Bowls  2.00 Making Snacks St Patrick's Style	<b>18</b> 10:00 Exercises 11:00 Coffee in the Garden 2:00 Honey Tasting & Bee Information <b>Hairdresser</b>	<b>19</b> 10.00 Exercises  11.00 Church-Presbyterian on-line 2.00 Bingo	<b>20</b>   2.00 Movie Afternoon	<b>21</b>  11.30 Songs of Praise  2:00 Afternoon Movie
4	<b>22</b> 10.00 Exercises  11:00 Golf  2.00 Bingo	<b>23</b> Shopping 10.00 Exerc/Weights 11:00 Craft 2.00 Men's Afternoon Bear Grylls <b>Hairdresser</b>	<b>24</b> High Care Activities Music in the Garden  2.00 Manicures & a Movie	<b>25</b> 10:00 Exerc/Weights 11:00 Easter Egg Decorating 2:00 Ladies High Tea Parisian Style <b>Hairdresser</b>	<b>26</b> 10.00 Exercises  11.00 Church-Catholic  2.00 Bingo	<b>27</b>  2.00 Movie Afternoon	<b>28</b>  11.30 Songs of Praise  2:00 Documentary
	<b>29</b> 10.00 Exercises  11:00 Painting  2:00 Bingo	<b>30</b> 10:00 Exerc/Weights 11:00 Cheese & Wine Tasting in the Garden 2.00 Birthday Party & Happy Hour <b>Hairdresser</b>	<b>31</b> High Care Activities  12:30 Chinese Banquet Individual Visits				
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