



ACTIVITIES FOR HOSTEL JULY 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1			1 Highcare Actiities in the Café Pet Therapy 2:00 Movie/Show	2 10:00 Exercises 11:00 Sporty Fiascos 2:00 Craft	3 10.00 Exercises 11:00 Church online 2.00 Bingo	4 2.00 Movie (ask staff)	5 11.30 Songs of Praise
NAIDOC WEEK	6 10.00 Exercises 11:00 Coites 2.00 Bingo	7 10.00 Exercises 11.00 Balloon Volleyball 2:00 The Crown S3 Ep 2 & 3	8 Highcare Actiities Piper The Dog Visiting Ladies Afternoon Tea	9 10:00 Exerc/Weights 11:00 Aboriginal Painting 2:00 Sing-a-long	10 Hairdresser 10.00 Exercises 11:00 Trivia 2.00 Bingo	1 2.00 Movie (ask staff)	12 11.30 Songs of Praise
3	13 10.00 Exercises 11:00 Back Roads 2.00 Bingo	14 Hairdresser 10.00 Exercises 11.00 Bowls 2:00 The Crown S3 Ep 4 & 5	15 Highcare Activities in the Café Pet Therapy 2.00 Making Raison Toast 2:30 Movie/Show	16 10.00 Exerc/Weights 11:00 Chuck the chicken 2:00 Christmas In July Afternoon Tea	17 10.00 Exercises 11:00 Church online 2.00 Bingo	18 2.00 Movie (ask staff)	19 11.30 Songs of Praise
4	Use Pool table area today 20 10.00 Exercises 11:00 Craft 2.00 Bingo	Use Pool table area today 21 10.00 Exercises 11:00 Tour of Mudgee 2:00 The Crown S3 Ep 6 & 7	22 Highcare Activities Piper The Dog Visiting 2:00 Movie/Show	23 10:00 Exercises 11:00 Skittles 2 :00 Men's Pool Afternoon	24 Hairdresser 10.00 Exercises 11:00 Tour of Mudgee 2.00 Bingo	25 2.00 Movie (ask staff)	26 11.30 Songs of Praise
5	27 10.00 Exercises 11:00 Resident's Meeting 2.00 Bingo	28 Hairdresser 10.00 Exercises 11:00 Pizza Luncheon 2:00 The Crown S3 Ep 8 & 9	29 Highcare in the Café Pet Therapy 2:00 Movie/Show	30 10:00 Exercises 11:00 SAO making Birthday Party & Happy Hour	31 10:00 Exercises 11:00 Church online 2.00 Bingo		