

ACTIVITIES FOR Hostel AUGUST 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	30 10.00 Exercises 11.00 Trivia 2.00 Bingo	31 10.00 Exerc/Weights 10.00 Shopping 11.00 Toss the Chicker 2.00 Manicures Hairdresser					1 Horse's Birthday 11:30 Songs of Praise 2.00 Afternoon Movie
	2 PUBLIC HOLIDAY	3 10.00 Exerc/Weights 10.00 Shopping 11.00 Ball Games 2.00 Bingo Hairdresser	4 High Care Activities - Singalong 2.00 Pancake Afternoon	5 10.00 Exercises 11.00 Craft Hairdresser 2.00 Ladies Afternoon Tea	6 10.00 Exercises 11.00 Church - on line 2.00 Bingo Afternoon PODIATRIST	7 Crosswords 2.00 Afternoon Movie (ask Staff)	8 11:30 Songs of Praise 2.00 Afternoon Movie
3	9 10.00 Exercises 11.00 Games 2.00 Bingo	10 10.00 Exerc/Weights 10.00 Shopping 12.00 Special Luncheon "Fish & Chips" 2.00 Manicures Hairdresser	11 High Care Activities - Singalong 11.45 Men's Pool & Pizza luncheon	12 10.00 Exercises 11.00 Golf Hairdresser 2.00 Trivia	13 10.00 Exercises 11.00 Church - Presb 2.00 Bingo Afternoon	14 Findawords 2.00 Afternoon Movie (ask staff)	15 11:30 Songs of Praise 2.00 Afternoon Movie
	16 10.00 Exercises 11.00 Trivia 2.30 Fellowship Afternoon	17 10.00 Exerc/Weights 10.00 Shopping 11.00 Bowls 2.00 Manicures Hairdresser	18 High Care Activities 2.00 Snack Making Collect Library Books	19 10.00 Exercises 11.00 Painting Hairdresser 2.00 Word Games Library Van visits	20 10.00 Exercises 11.00 Church -Catholic 2.00 Bingo Afternoon PODIATRIST	21 Crosswords 2.00 Afternoon Movie (ask staff)	22 11:30 Songs of Praise 2.00 Afternoon Movie
5	23 10.00 Exercises 11.00 Darts 2.00 Bingo Library books delivered	24 10.00 Exerc/Weights 10.00 Shopping 11.00 Craft 2.00 Manicures Hairdresser	25 High Care Activities 2.00 Cuppa & a chat	26 10.00 Exercises 11.00 Ring Tossing Hairdresser 2.00 Birthday Party & Happy Hour	27 10.00 Exercises 11.00 Church -Anglica 2.00 Bingo Afternoon	28 Findawords 2.00 Afternoon Movie (ask staff)	29 11:30 Songs of Praise 2.00 Afternoon Movie