

ACTIVITIES FOR Douro Lodge AUGUST 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	30 Shopping orders Word Games Zoom Painting	31 Darts Zoom Video & Manicures					1 Horse's Birthday Exercises 11.30 Songs of Praise Zoom Giant Skittles
2	2 Shopping orders Craft Zoom Bingo	3 Word Games Zoom Pancake Afternoon	4 Ball Games Zoom Video & Manicures	5 Bingo Golf	6 Exercises to Music Word Games Ladies Afternoon Tea Men's DVD Documentary	7 Individual Therapy Trivia Zoom Singalong	8 Exercises 11.30 Songs of Praise 2.00 Mens Afternoon
3	9 Shopping orders Bowls Zoom Bingo	10 Preparations & Drinks 12.00 Special Luncheon "Fish & Chips" Zoom Video & Manicures	11 Craft 11.45 Men's Pool & Pizza luncheon Ball Games	12 Exercises to Music Trivia Singalong	13 Bingo Individual Therapy Painting	14 Individual Therapy Newspaper Reading & Discussion Zoom Giant Skittles	15 Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong
4	16 Shopping orders Word Games Zoom 2.30 Fellowship Afternoon	17 Video & Manicures Zoom Bingo	18 Craft Zoom Making Snacks Collect Library Books	19 Bowls Individual Therapy Pamper Session Library Van visits	20 Exercises to Music Word Games Bingo	21 Individual Therapy Trivia Zoom Singalong	22 Exercises 11.30 Songs of Praise Online Church Cheese Tasting & Drinks in the Garden
5	23 Shopping orders Reminiscing Zoom Bingo Library books delivered	24 Ball Games Zoom Video & Manicures	25 Word Games Zoom Happy Hour & Birthday Party	26 Exercises to Music Trivia Bingo	27 Craft Singalong Pamper Session	28 Individual Therapy Newspaper Reading & Discussion Zoom Golf	29 Exercises 11.30 Songs of Praise Zoom Singalong

