

# Kanandah Kapers

*February*  
*2020*

## NEWS



In January we enjoyed listening to Chris on his Clarinet, with a lot of familiar old tunes. To go with the Australia Day theme we made 2 Pavlovas and enjoyed eating them at our Birthday Party and Happy Hour. We also sang some good old Aussie Songs.

The much anticipated Hostel Dining Room Dress Code was discussed and voted on at the Residents' Meeting and was approved by most who were present. Copies of the dress code has now been included in the Residents Handbooks to be given to any new residents.

Activities Officer Donna will be working in the hostel on Thursdays. She will be providing some activities for High Care residents along with some individual activities and pet visits with her dog Piper for interested residents. Also on Thursdays we are planning to run some movies in the Activity Room. The movie will be advertised on the board— if interested just turn up.



In February we have a "Sleep Seminar" - basically a talk about sleep and all the associated issues. It is free and should be interesting. We are spoiled for musical options in February. We have a Clarinet Performance, a View Club Concert and also the lovely Karen will play the piano for us.

The Children from "Squeakers" (Preschool age) will be coming to visit and we hope they can show us how to use our parachute game.



Towards the end of the month the Rotary Men will be visiting for the Hostel Men's Breakfast (the Douro Men will have their Men's Breaky a little while later).

We are planning an outing to the Brewery for Douro Lodge and another one to Club Mudgee for the Hostel and Mortimer residents. See inside the Kapers for further details.

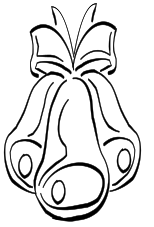
## **LIBRARY VAN**

Our friendly librarian will be here 3pm Thur 13th.



## **BELL RINGING**

Andrea will be here to lead bellringing at 2.00pm on Wednesday 5th February.



## **MANICURES**

Our volunteers will be here most Tue afternoons at 2pm in the Activity Room.

## **EXERCISES**

Exercises are on most weekdays at 10.00am Keep your joints moving & stay for a cup of tea.



## **CATHOLIC CHURCH**

Mass will be held in the Activity Room 11.00am on Fri 21st.



**MONTHLY BIRTHDAY PARTY & HAPPY HOUR** will be held 2.00pm on Tuesday 25th.



## **SHOPPING**

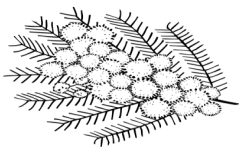
If you need shopping done for you our shopping ladies can assist. Please write your Name and Room No. in the book at the front foyer.



## **HAIRDRESSERS**

Open on Tuesday afternoon & Thursday mornings.

**CANTEEN** - Open most Tuesdays 1pm to 2pm.



# **WATTLE CAFE**



**CAFÉ OPEN: 7 days 10am to 3pm.**

Residents can pay using their Office Accounts, you just need to sign the receipt.

## **Douro Lodge OUTING to THE BREWERY**

Enjoy Afternoon Tea or a pint or two at the Mudgee Brewery and see the vats that make the beer.



**Date:** 12th  
**Time:** 2.00pm  
**Cost:** approximately \$15

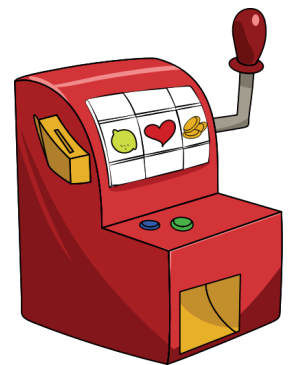


**Please let Donna know if interested.**

## **OUTING to CLUB MUDGE**

Enjoy Afternoon Tea, with an option to play the poker machines if you want.

**Date:** 26th  
**Time:** 2.00pm  
**Cost:** approximately \$15



**Hostel and Mortimer Cottage residents please let Phil know if interested.**

## **SPECIAL EVENTS THIS MONTH**

- 5th** Sleep Seminar 11.00am
- 11th** Music with Karen 11.00am
- 12th** Douro Lodge Outing to the Brewery 2.00pm
- 17th** Fellowship Afternoon 2.30pm
- 18th** Squeakers Preschool visit 10.00am
- 18th** Clarinet Performance 2.00pm
- 19th** View Club Singer's Concert 2.00pm
- 21st** Ladies Afternoon 2.00pm
- 24th** Hostel Men's Breakfast 8.30pm
- 25th** Birthday Party & Happy Hour 2.00pm
- 26th** Outing to Club Mudgee 2.00pm

# Valentine's Day FINDAWORD

I P L O V E M F L I R T I D E  
S A I N T V A L E N T I N E B  
N S V U E O R O L U K A Q V E  
U S E I N L R W O B X D U O L  
K I S S D J I E V M L O Y T O  
L O V E E O A R E C A R D I V  
E N C O R Y G S L O V E E O E  
R O M A N C E J C U P I D N D  
S E C R E T A D M I R E R E D  
T T R U S T C O U R T I N G O  
A D O R S W E E T H E A R T F

Love  
Devotion  
Marriage  
Card  
Flowers  
Saint Valentine  
Adore  
Beloved  
Sweetheart  
Cupid  
Courting  
Flirt  
Kiss  
Passion  
Romance  
Secret admirer  
Tenderness



How many times can you find love in the findaword?