

# Kanandah Kapers

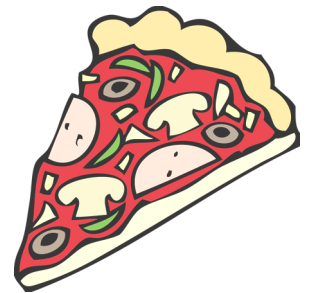
*August*  
*2020*

## NEWS



Last month we celebrated NAIDOC Week with Aboriginal painting and trivia. We also had a wonderful time singing Carols and having some tasty Christmas fare at our Christmas in July afternoon.

The Pizza Luncheon was very popular too, with a large number of residents participating. Our own kitchen give us some lovely meals, but occasionally it is nice to have something different. We have had requests to do another Fish and Chips day, so this month we having a Fish & Chips Luncheon.



Last month we were looking forward to being able to tour around Mudgee, but due to changing conditions in Victoria and NSW we had to cancel. We will let you know if these restrictions change.



The Mortimer Cottage High Tea was initially postponed, but recently went ahead with lots of treats, thanks to Keran and Nancy from the Wattle Café. A small article on the High Tea will appear in the Mudgee Guardian, keep an eye out for it.

Other events in August include a chance for the Men to get together and also the Ladies, and of course we will be celebrating all the Birthdays for the month at our Birthday Party and Happy Hour.

There will be a chance to be creative and make your own Icecream Sundae with a variety of toppings and decorations —so bring your sweet tooth and creativity.



A reminder the Library Van visits every 3 weeks. Old books need to be delivered to the front office the day before (give to Jacqui or Phil). New books will be left for you, but will not be delivered till the following Monday. Stay warm everyone— one month of Winter left.

## LIBRARY VAN



Old library books need to be collected and given to the front office the day before the library van visits. The virus can survive on books for 3 days, so new books will wait in the front office till the following Monday before being distributed to you.

## WATTLE CAFÉ & CANTEEN

Café open 5 days Sun-Thurs 10am to 3pm, but closed public holidays.

If Café is unattended please see the Kitchen.

The Café will now stock most common items from the Canteen.



## SHOPPING



The preferred method to for shopping is to contact your family and they can drop the goods into the front office, then staff will deliver it to you. If unable to do this you can fill out a Shopping form available in a green folder at the front foyer office by 3pm Tuesday.

***Note:** To reduce risk of infection volunteers will shop only in 3 places (Woolworths, Big W and Blooms Chemist).*

*Supplies may be limited in store, so if not available, volunteers could buy an alternative item if you add this to your description on the form.*



## HAIRDRESSER

We have hairdressers available for Hairdressing each week, to cut, set and blow dry hair. See program for days.

**PODIATRIST** will continue to visit every second week.



## ZOOM—to contact family



Zoom is a service available for you to see and speak to your family on a screen. If interested please see Donna, Jacqui or Phil.

## CHURCH



Church Services are temporarily out of action in Kanandah. While not a complete replacement, "Songs of Praise" is on the ABC at 11.30am on Sundays. Please ask staff to put this on the TV in activity spaces if you are interested. Online church services are available also (see program for times).

# SPECIAL EVENTS THIS MONTH

(see monthly programs for dates and times)

## MEN'S AFTERNOON



A chance for the men to get together for snacks, drinks and a chat.

## HOSTEL LADIES AFTERNOON TEA



Ladies get-together, with cuppas, snacks and company.

## BIRTHDAY PARTY AND HAPPY HOUR



Celebrate the Birthdays for this month with Snacks, drinks and your favourite music.

## PANCAKE AFTERNOONS in Douro & Mortimer



Cook and eat some nice fresh pancakes hot off the pan.

## MAKING ICECREAM SUNDAES



Create your own version of the icecream sundae with a variety of toppings to choose from.

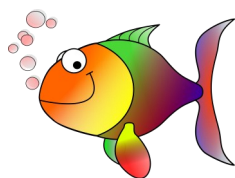
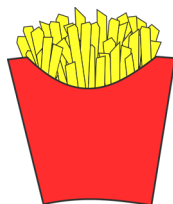
## CAKE DECORATING in the Hostel



Another chance to be creative— Decorate and eat your own mini cakes.

## FISH & CHIPS

If you fancy Fish & Chips for lunch – see Jacqui or Phil.  
Cost to be decided.





# HORSE FINDAWORD



A L B E R G M U S T A N G R I  
C Q U I C P I N T O W B R T S  
L U T R Y A N D A L U S I A N  
Y A T S E W A P P A L O O S A  
D R A U G H T H O R S E H M R  
E T N F B R U M B Y I T A O A  
S E P F P E R C H E R O N R B  
D R O O S H E T L A N D D G I  
A P A L O M I N O P O N Y A A  
L E L K H A C K N E Y F Q N N  
E T H O R O U G H B R E D D Y

Draught Horse  
Clydesdale  
Brumby  
Hackney  
Mustang  
Andalusian  
Arabian  
Morgan  
Thoroughbred  
Quarter  
Pinto  
Shetland  
Pony  
Suffolk  
Palomino  
Percheron  
Miniature  
Appaloosa

