

Kanandah Kapers

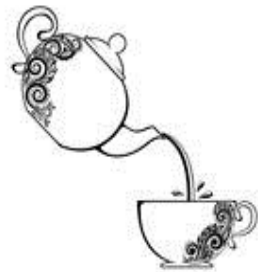
*August
2018*

NEWS

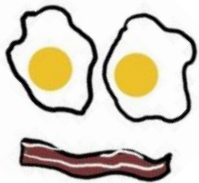


In July we listened to a very informative talk on Scams. Some of us attended a "Christmas in July" Outing. We had a lovely morning tea at the Golf Club with Carol singing with the Cudgegong Choir. It was good to get out and socialize and some of us even caught up with a few old friends.

Finally, after 2 false starts, our latest Ladies High Tea went ahead as planned. There were lots of tasty treats, good company and a cuppa always tastes better from a fancy cup. More invites will be going out to a different group of ladies this month.



The Douro Lodge Men's Breakfast also went as planned. Colin our BBQ chef did a great job on the bacon & eggs—cooked to perfection. Thankyou to all our volunteers on the day. Phil will be away most of August so our next Men's Breakfast will be in September.



A number of ladies have been very disappointed they missed out on bacon and eggs and have been looking in longingly at the Men's breakfasts. So we will try to have a Ladies Breakfast some time in coming months—stay tuned for details.



We were very lucky to have Karen return in July as she tickled the ivories and entertained us. We finished the month by squeezing in a concert by the View Club Singers, who are always fun to watch and listen to.

At the end of August we will be celebrating at our "Winter Dinners". Get ready for a hearty Winter feast to share with other residents and guests. More details inside the Kapers.



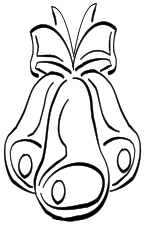
LIBRARY VAN

Our friendly librarian will be here 3pm Thur 16th.



BELL RINGING

Andrea will be here to lead bellringing at 2.00pm two Wednesdays each month (see program).



MANICURES

Our volunteers will be here most Tue afternoons at 2pm in the Activity Room.



EXERCISES

Exercises are on weekdays at 10.00am. Keep your joints moving & stay for a cup of tea.



CATHOLIC CHURCH

Mass will be held in the Activity Room 11.00am on Fri 17th.



KNITTING GROUP

Enjoy the company of others and use your skills. See program for dates and times.

SHOPPING

If you need shopping done for you our shopping ladies can assist. Please write your Name and Room No. in the book at the front foyer.



MONTHLY BIRTHDAY PARTY

& **HAPPY HOUR** will be held 2.00pm on Tuesday 28th.



CANTEEN - Open most Tuesdays 1pm to 2pm.

HAIRDRESSERS

Open on Tuesday afternoon & Thursday mornings.

THE WINTER DINNERS

Preparations are underway for our Winter Dinners. A hearty meal is being planned by our Catering staff. We will be entertained at the Hostel Dinner by The Stringy Bark Band and Peter & Michelle putting on a special Dance Performance.

Residents can invite a guest to join them but due to space limitations only one guest per resident is possible at the hostel dinner.

Date: Thursday 30th August 2018

Time: Douro Lodge Dinner at 12noon

Hostel Dinner at 6pm (Mortimer Cottage residents to join the Hostel Dinner).

Costs: Residents do not pay, but the cost for guests is \$25. Guests can purchase tickets from the front office on or before 27th August.



SPECIAL EVENTS THIS MONTH

17th Ladies Afternoon Tea 2.00pm

20th Fellowship Afternoon 2.30pm

24th Ladies High Tea 2.00pm

28th Birthday Party & Happy Hour 2.00pm

27th Winter Dinners

(Douro Lodge's at noon, Hostel's at 6pm)

DANCING FINDAWORD

I D F O L K E R W A L T Z B Y
 J I V E P I R O U E T T E A B
 I P W B A L L E T T A S B R E
 G C H O R E O G R A P H Y N L
 L E A P T U R N U T D I W P L
 F I T A N G O A M M A M B O Y
 I U E B E A T Z B S N A K L D
 B A L L R O O M A Y C N R K A
 H I G H L A N D F L I N G A N
 I S A L S A N P T U N E I T C
 P T J I T T E R B U G Y N A E



Waltz
 Tango
 Partner
 Dip
 Salsa
 Pirouette
 Mambo
 Choreography
 Tap dancing
 Ballroom



Jitterbug
 Rumba
 Polka
 Belly dance
 Jig
 Highland Fling
 Ballet
 Jive
 Flamenco

