

Kanandah Kapers

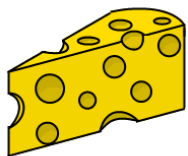
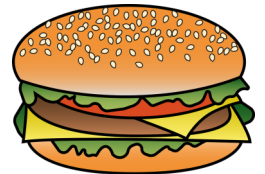
*October
2020*

NEWS

In September we celebrated Father's Day with free Beer and drinks—we hope all the dads, grand-dads and great-grandfathers had a great day. We constructed some fancy looking mini Pavlovas, which were also very tasty with some ice-cream. Our next project is making Trifles, so bring your creativity and test your taste buds.



Our Sausage Sizzle lunches were cooked by Maintenance staff and our Administrator on the BBQ. Douro Lodge and Mortimer Cottage had a wonderful time in the courtyard garden. We sat in a shady spot near the pond and enjoyed hot sausage sandwiches and the quiet atmosphere. It is a lovely area we hope to use more as the weather warms up. Quite a large number of residents attended the Hostel Sausage Sizzle, eating their sausage sandwiches in the Activity Room. Our next special lunch will be either Hamburgers & Chips or "Pub Grub", let Donna, or Phil know if you would like to attend.



In September we held "Cheese Tasting & Drinks in the Garden". We tried out a cream cheese, Brie or Camembert and Coon Tasty cheeses while enjoying the outdoors (if it was warm enough on the day). Brie and Camembert were voted the favorites so far. We will try 3 different cheeses next month if you are interested.



THE COVID OLYMPICS



The regular Olympic Games has been postponed due to the virus, so in October Kanandah is holding its own, week long COVID- Olympics instead. The events are all activities we are familiar with and for variety they will be held in different areas around Kanandah. Participation and bonus points will be tallied and final prizes awarded at the Final Presentation Ceremony. Come along and get involved in the fun.



LIBRARY BOOKS



Old library books need to be collected and given to the front office the day before the library van visits. The virus can survive on books for 3 days, so new books will wait in the front office till the following Monday before being distributed to you.

WATTLE CAFÉ & CANTEEN

Café open 5 days Sun-Thurs 10am to 3pm, but closed public holidays.

If Café is unattended please see the Kitchen.

The Café will now stock most common items from the Canteen.



SHOPPING



The preferred method to for shopping is to contact your family and they can drop the goods into the front office, then staff will deliver it to you. If unable to do this you can fill out a Shopping form available in a green folder at the front foyer office by 3pm Tuesday.

***Note:** To reduce risk of infection volunteers will shop only in 3 places (Woolworths, Big W and Blooms Chemist).*

Supplies may be limited in store, so if not available, volunteers could buy an alternative item if you add this to your description on the form.



HAIRDRESSER

We have hairdressers available for Hairdressing each week, to cut, set and blow dry hair. See program for days.

PODIATRIST will continue to visit every second week.



ZOOM—to contact family

Zoom is a service available for you to see and speak to your family on a screen. If interested please see Donna, Jacqui or Phil.



CHURCH

Church Services are temporarily out of action in Kanandah. While not a complete replacement, "Songs of Praise" is on the ABC at 11.30am on Sundays. Please ask staff to put this on the TV in activity spaces if you are interested. Online church services are available also (see program for times).

SPECIAL EVENTS THIS MONTH

(see monthly programs for dates and times)

MEN'S AFTERNOON



A chance for the men to get together for snacks, drinks and a chat.

LADIES AFTERNOON TEA



Ladies get-together, with cuppas, snacks and company.

BIRTHDAY PARTY AND HAPPY HOUR

Celebrate the Birthdays for this month with snacks, drinks and your favourite music.



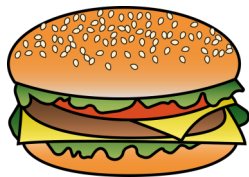
CHEESE TASTING AND DRINKS IN THE GARDEN

Drinks and a few types of Cheese to taste. Vote for your favourite cheese and enjoy a relaxing afternoon in the garden.

SPECIAL LUNCHEON

Hamburgers & Chips or "Pub Grub"

– see Donna or Phil if interested.
Cost to be decided.



MAKING TRIFLES

Use your creative flair to make a colorful and tasty trifle.



The COVID OLYMPICS

Multiple Sporting events, and some Brain Gymnastics to attend. Points awarded for participating and bonus points for winning events. Prizes awarded at the Final Presentation Ceremony.



OLYMPIC FINDAWORD

T G Y M N A S T I C S Q W Y B
R S I L V E R O M U N T O G A
Y P A R T I C I P A T I O N S
T O K Y O R H B O W L S D E P
M R U N P G A M E G R E E C E
E T X O L Y M P I C S P N I E
D S U J U M P I R A C E S G D
A T H L E T I C S F A R P O N
L A P S Y T O R C H P G O L D
S W I M M I N G R Y N Q O F R
W E V E N T S N E B R O N Z E

Olympics
Greece
Toga
Tokyo
Sports
Athletics
Gymnastics
Torch
Medals
Swimming
Events
Gold
Silver
Bronze
Wooden Spoon
Champion
Participation

