


## ACTIVITIES FOR SEPTEMBER 2019 - Hostel

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	<p style="text-align: center;"><b>30</b></p> 10.00 Exercises 11.00 Bingo					<p><b>SPRING</b></p> 	<p style="text-align: center;"><b>1 Father's Day</b></p> No organised activities due to sickness
2	<p style="text-align: center;"><b>2</b></p> 10.00 Exercises 11.00 Bingo	<p style="text-align: center;"><b>3</b></p> 10.00 Exerc/Weights 10.00 Shopping 11.00 Golf 2.00 Manicures 6.30 Late Father's Day Bingo Night	<p style="text-align: center;"><b>4</b></p> 10.00 Exercises 11.00 Craft with High Schoolers 2.00 Bell Ringing	<p style="text-align: center;"><b>5</b></p> <i>Hairdresser</i> 2.00 Knitting Group (Independent Activity) 3.00 Library Van	<p style="text-align: center;"><b>6</b></p> 10.00 Exercises 11.00 Church-OneLife 2.00 Bingo Afternoon	<p style="text-align: center;"><b>7</b></p> 2.00 Cuppa & Walking Group	<p style="text-align: center;"><b>8</b></p> 2.00 Gardening
3	<p style="text-align: center;"><b>9</b></p> 10.00 Exercises 11.00 Bingo 2.30 Clarinet Performance in Douro Lodge	<p style="text-align: center;"><b>10</b></p> 10.00 Exerc/Weights 10.00 Shopping 11.00 Poetry Recital with Mathew Dickerson 2.00 Manicures <i>Hairdresser</i>	<p style="text-align: center;"><b>11</b></p> 10.00 Exercises 11.00 Craft with High Schoolers	<p style="text-align: center;"><b>12</b></p> <i>Hairdresser</i> 2.00 Knitting Group (Independent Activity)	<p style="text-align: center;"><b>13</b></p> 10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon	<p style="text-align: center;"><b>14</b></p> 2.00 Music & a Cuppa	<p style="text-align: center;"><b>15</b></p> 2.00 Cards
4	<p style="text-align: center;"><b>16</b></p> 10.00 Exercises 11.00 Bingo 2.30 Fellowship Afternoon	<p style="text-align: center;"><b>17</b></p> 10.00 Exerc/Weights 11.00 Residents' Meeting 11.00 Shopping 2.30 Men's Pool Arvo at Pioneer House	<p style="text-align: center;"><b>18</b></p> 10.00 Exercises 11.00 Craft with High Schoolers 2.00 Bell Ringing	<p style="text-align: center;"><b>19</b></p> <i>Hairdresser</i> 2.00 Knitting Group (Independent Activity)	<p style="text-align: center;"><b>20</b></p> 10.00 Exercises 11.00 Church-Catholic 2.00 Ladies Afternoon Tea	<p style="text-align: center;"><b>21</b></p> 1.30 Tiny Tots Dancing in Douro Lodge	<p style="text-align: center;"><b>22</b></p> 2.00 Cuppa & Book Club
5	8.00 Douro Men's Breakfast 10.00 Exercises 11.00 Bingo	<p style="text-align: center;"><b>24</b></p> 10.00 Exerc/Weights 10.00 Shopping 11.00 Cooking 2.00 Birthday Party & Happy Hour	<p style="text-align: center;"><b>25</b></p> 10.00 Exercises 11.00 Craft with High Schoolers	<p style="text-align: center;"><b>26</b></p> <i>Hairdresser</i> 2.00 Knitting Group (Independent Activity) 3.00 Library Van	<p style="text-align: center;"><b>27</b></p> 10.00 Exercises 11.00 Church-Anglica 2.00 Bingo Afternoon	<p style="text-align: center;"><b>28</b></p> 2.00 Video & a Cuppa	<p style="text-align: center;"><b>29</b></p> 2.00 Findawords