

ACTIVITIES FOR SEPTEMBER 2018



| wk | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----|--|---|---|--|--|--|--|
| 1 | | | | | | 1 2.00 Video & a Cuppa (Independent Activity in Activity Room) | 2 Father's Day Free Beer & Punch at lunchtime 2.00 Cowboy Movie in Pool Table area |
| 2 | 3 10.00 Exercises 11.00 Bingo 1.00 High School visitors | 4 10.00 Exerc/Weights 10.00 Shopping 11.00 Golf 2.00 Manicures Hairdresser | 5 10.00 Exercises 10.30 Morning Tea & Trivia 2.00 Bingo Afternoon | 6 Hairdresser 2.00 Knitting Group (Independent Activity) 3.00 Library Van | 7 10.00 Exercises 11.00 Church-One Life 2.00 Bingo Afternoon | 8 2.00 Music & a Cuppa (Independent Activity in Activity Room) | 9 2.00 Gardening (Independent Activity in Activity Room) |
| 3 | 10 10.00 Exercises 11.00 Bingo 2.30 Fellowship Afternoon | 11 10.00 Exerc/Weights No Shopping today 11.00 Cooking 2.00 Birthday Party & Happy Hour | 12 10.00 Exercises 11.00 Quoits | 13 Hairdresser 2.00 Knitting Group (Independent Activity) | 14 10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon | 15 2.00 Video & a Cuppa (Independent Activity in Activity Room) | 16 2.00 Cards (Independent Activity in Activity Room) |
| 4 | 17 10.00 Exercises 11.00 Bingo 1.00 High School visitors | 18 10.00 Exerc/Weights 10.00 Shopping 11.00 Music with Karen 2.00 Manicures Hairdresser | 19 10.00 Exercises 11.00 Residents' Meeting 2.00 Bell Ringing | 20 Hairdresser 2.00 Knitting Group (Independent Activity) | 21 10.00 Exercises 11.00 Church-Catholic 2.00 Ladies Afternoon Tea | 22 2.00 Music & a Cuppa (Independent Activity in Activity Room) | 23 2.00 Jigsaws (Independent Activity in Activity Room) |
| 5 | 24 8.30 Hostel Men's Breakfast 10.00 Exercises 11.00 Bingo 1.00 HighSchoolvisitor | 25 10.00 Exerc/Weights 10.00 Shopping 11.00 Darts 2.00 View Club Singers' Concert | 26 10.00 Morning Tea Outing 2.00 Bingo Afternoon | 27 Hairdresser 2.00 Knitting Group (Independent Activity) | 28 10.00 Exercises 11.00 Church-Anglica 2.00 Ladies High Tea | 29 2.00 Video & a Cuppa (Independent Activity in Activity Room) | 30 2.00 Dominoes (Independent Activity in Activity Room) |