

ACTIVITIES FOR Douro Lodge OCTOBER 2021

<i>wk</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>
1					1 Craft Bingo	2 Individual Therapy Newspaper Reading & Discussion Zoom Golf	3 Exercises Singalong
2	4 Shopping orders Craft Zoom Bingo	5 Bingo Zoom Balloon Games	6 Ball Games Zoom Manicures Collect Library Books	7 Exercises to Music Golf	8 Exercises to Music Word Games Cards	9 Individual Therapy Trivia Zoom Singalong	10 Exercises 11.30 Songs of Praise Online Church Zoom Cheese Tasting
3	11 Shopping orders Bowls Zoom Painting Library books delivered	12 Bingo Zoom	13 Ball Games Zoom Singalong	14 Exercises to Music Trivia Manicures	15 Bingo Individual Therapy	16 Individual Therapy Newspaper Reading & Discussion Zoom Giant Skittles	17 Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong
4	18 Shopping orders Exercise Zoom	19 Bingo Zoom Bingo	20 Painting Zoom Video & Manicures	21 Golf Individual Therapy Pamper Session	22 Exercises to Music Word Games Bingo	23 Individual Therapy Trivia Zoom Singalong	24 Exercises 11.30 Songs of Praise Online Church Zoom
5	25 Shopping orders Bingo Zoom Darts	26 Bingo Zoom Video & Manicures	27 Craft Zoom Happy Hour & Birthday Party Collect Library Books	28 Exercises to Music Trivia Singalong	29 Exercises to Music Bingo	30 Individual Therapy Newspaper Reading	31 Songs of Praise Singalong

