



ACTIVITIES FOR Douro Lodge NOVEMBER 2020



| wk | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| 1 | 30 Shopping orders Craft Zoom Bingo | | | | | | 1 Olympics Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Quoits |
| | 2 Olympics Shopping orders Ten Pin Bowling in Mortimer Park Zoom Name that Tune | 3 Olympics Melbourne Cup Day Golf 2.30 Melbourne Cup Party | 4 Olympics Drinks & nibbles 12.00 Hamburgers & Chips Zoom 3.00 Final Presentation & Winners | 5 Bingo Golf Library Van visits | 6 Exercises to Music Word Games Ladies Afternoon Tea Men's DVD Documentary | 7 Individual Therapy Newspaper Reading Zoom Singalong | 8 Exercises 11.30 Songs of Praise Online Church Zoom Painting |
| 3 | 9 Shopping orders Walking Group Zoom Knitting Group 2.00 Mens Afternoon Library books delivered | 10 Bingo Zoom Making Snacks | 11 Remembrance Day Knitting Group Woodwork Zoom Video & Manicures | 12 Exercises to Music Trivia Singalong Library Van visits | 13 Bingo Individual Therapy Painting | 14 Individual Therapy Trivia & Discussion Zoom Ball Games | 15 Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong |
| | 16 Shopping orders Blue Movember Morning Tea Zoom Armchair Travel | 17 Lunch Preparations Drinks & nibbles 12.00 Fish & Chips in the Garden Bingo Zoom | 18 Knitting Group Woodwork Zoom Video & Manicures | 19 Bowls Individual Therapy Pamper Session | 20 Exercises to Music Word Games Bingo | 21 Individual Therapy Newspaper Reading Zoom Singalong | 22 Exercises 11.30 Songs of Praise Online Church Zoom Cheese Tasting & Drinks in the Garden |
| 5 | 23 Shopping orders Bingo Zoom Painting | 24 Darts Zoom Video & Manicures | 25 Craft Zoom Happy Hour & Birthday Party | 26 Exercises to Music Trivia Singalong | 27 Bingo Individual Therapy Painting | 28 Individual Therapy Christmas Tree decs & Discussion Zoom Bowls | 29 Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Singalong |