# ACTIVITIES FOR NOVEMBER 2019 - Hostel

| wk | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| 1 | | | | | **1**<br>10.00  Exercises<br><br>11.00  Church-Frontlin<br><br>2.00  Bingo Afternoon | **2**<br>2.00 Music & a Cuppa | **3**<br><br>2.00 Findaword<br>(Independent Activity<br>in Activity Room) |
| 2 | **4**<br>10.00  Exercises<br><br>11.00 Bingo<br><br>2.00 Clarinet<br>Performance<br>in Douro Lodge | **5 Melbourne Cup**<br>10.00  Exerc/Weights<br>10.00 Shopping<br>10.30  Morning Tea<br>2.30 Melbourne Cup<br>Party | **6**<br>10.00  Exercises<br>11.00  Craft with<br>High Schoolers<br>2.00  Bell Ringing | **7**<br><br>*Hairdresser*<br><br>2.00 Knitting Group<br>(Independent Activity)<br>3.00  Library Van | **8**<br>10.00  Exercises<br><br>11.00  Church-Presbyt<br><br>2.00 Bingo Afternoon | **9**<br><br>2.00 Cuppa &<br>Walking Group | **10**<br><br>2.00 Gardening<br>(Independent Activity<br>in Activity Room) |
| 3 | **11**<br>**Remembrance Day**<br>10.00  Exercises<br>11.00 Bingo | **12**<br>10.00  Exerc/Weights<br>10.00 Shopping<br>11.00  Poetry Recital<br>with Mathew Dickerson<br>2.00 Manicures<br>*Hairdresser* | **13**<br>10.00  Exercises<br>11.30   2nd OUTING<br>Fish & Chips in Park | **14**<br><br>*Hairdresser*<br><br>2.00 Knitting Group<br>(Independent Activity) | **15**<br>10.00  Exercises<br><br>11.00  Church-Catholic<br><br>2.00  Ladies<br>Afternoon | **16**<br><br>2.00 Video & a Cuppa | **17**<br><br>2.00 Cards<br>(Independent Activity<br>in Activity Room) |
| 4 | **18**<br>10.00  Exercises<br><br>11.00 Bingo<br><br>2.30 Fellowship<br>Afternoon | **19**<br>10.00  Exerc/Weights<br>11.00   Resident's<br>Meeting<br>10.00 Shopping<br>2.00  Birthday Party<br>& Happy Hour | **20**<br>9.15 Santa Visiting<br>10.30  Morning Tea<br>11.00  **Cooking** with<br>High Schoolers<br>2.00  Bell Ringing | **21**<br><br>*Hairdresser*<br><br>2.00 Knitting Group<br>(Independent Activity) | **22**<br>10.00  Exercises<br><br>11.00  Church-Anglican<br><br>2.00 Bingo Afternoon | **23**<br><br>2.00 Cuppa &<br>Walking Group | **24**<br><br>2.00 Dominoes<br>(Independent Activity<br>in Activity Room) |
| 5 | **25**<br>10.00  Exercises<br><br>11.00 Bingo<br><br>2.30  Memorial<br>Service | **26**<br>10.00  Exerc/Weights<br>10.00 Shopping<br>11.00 Bowls<br><br>2.00 Christmas Markets<br>in Activity Room | **27**<br>10.00  Exercises<br>11.00  Craft with<br>High Schoolers<br>2.00  View Club<br>Singers' Concert | **28**<br><br>*Hairdresser*<br><br>2.00 Knitting Group<br>(Independent Activity)<br>3.00  Library Van | **29**<br>10.00  Exercises<br><br>11.00  Church-Presbyt<br><br>2.00 Bingo Afternoon | **30**<br><br>2.00 Music & a Cuppa<br>(Independent Activity<br>in Activity Room) | |