


## ACTIVITIES FOR NOVEMBER 2018

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1				1	2	3	4
				<b>Hairdresser</b> 2.00 Knitting Group (Independent Activity)	10.00 Exercises  11.00 Church-Frontlin 2.00 Bingo Afternoon	2.00 Video & a Cuppa (Independent Activity in Activity Room)	2.00 Gardening (Independent Activity in Activity Room)
2	5	6 <b>Melbourne Cup</b>	7	8	9	10	11
	10.00 Exercises 11.00 Bingo	10.00 Exerc/Weights 10.00 Shopping 10.30 Morning Tea 2.30 Melbourne Cup Party 	10.00 Exercises 11.00 Ten Pin Bowls 2.00 Bell Ringing	<b>Hairdresser</b> 2.00 Knitting Group (Independent Activity) 3.00 Library Van	10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon	2.00 Music & a Cuppa (Independent Activity in Activity Room)	<b>Remembrance Day</b> 2.00 Findawords (Independent Activity in Activity Room)
3	12	13	14	15	16	17	18
	10.00 Exercises 11.00 Bingo  2.00 Birthday Party & Happy Hour	10.00 Exerc/Weights 10.00 Shopping 11.00 Bunnings Craft  2.00 View Club Singers' Concert	10.00 Exercises 11.30 OUTING Fish & Chips in Park	<b>Hairdresser</b> 2.00 Knitting Group (Independent Activity)	10.00 Exercises 11.00 Church-Catholic  2.00 Ladies Afternoon	2.00 Video & a Cuppa (Independent Activity in Activity Room)	2.00 Cards (Independent Activity in Activity Room)
4	19	20	21	22	23	24	25
	10.00 Exercises 11.00 Music with Karen  2.30 Fellowship Afternoon	10.00 Exerc/Weights 10.00 Shopping 11.00 Bingo 2.00 Manicures in the Pool table area	10.30 Morning Tea 11.00 Exercises  2.00 Bell Ringing	<b>Hairdresser</b> 2.00 Knitting Group (Independent Activity)	10.00 Exercises 11.00 Church-Anglica 2.00 Bingo Afternoon	2.00 Music & a Cuppa (Independent Activity in Activity Room)	2.00 Dominoes (Independent Activity in Activity Room)
5	26	27	28	29	30		
	8.30 Hostel Men's Breakfast 10.00 Exercises 11.00 Bingo	10.00 Exerc/Weights 10.00 Shopping 11.00 Golf  2.30 Memorial Service	10.00 Exercises 11.00 Resident's Meeting  2.00 Bingo Afternoon	<b>Hairdresser</b> 2.00 Knitting Group (Independent Activity) 3.00 Library Van	10.00 Exercises  11.00 Church-Presbyt  2.00 Ladies High Tea		