



## ACTIVITIES FOR Douro Lodge MARCH 2021

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>1</b>	Shopping orders Trivia  Zoom Bingo	Music in the Garden  Zoom Video & Manicures	Word Games  Zoom Painting	Exercises to Music Trivia  Bingo	Craft  Music Therapy Pamper Session	Individual Therapy Newspaper Reading & Discussion Zoom Musical Trivia	Exercises 11.30 Songs of Praise  Zoom Bingo
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>2</b>	Shopping orders Music in the Garden Zoom Knitting Group 2.00 Men's Afternoon	Word Games  Zoom Pancake Afternoon	Ball Games  Zoom Video & Manicures Collect Library Books	Bingo   Golf Library Van visits	Exercises to Music Trivia  Ladies Afternoon Tea Men's DVD Documentary	Individual Therapy Music in the Garden  Zoom Irish Bowls	Exercises 11.30 Songs of Praise Online Church Zoom Armchair Travel
	<b>15</b>	<b>16</b>	<b>17 St Patrick's Day</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>3</b>	Shopping orders Giant Skittles Zoom  Bingo Library books delivered	Newspaper Reading & Discussion Zoom Making Snacks St Patrick's style	Irish Bowls  Zoom Video & Manicures	Exercises to Music Trivia  Music Therapy	Bingo   Individual Therapy Painting	Individual Therapy Music in the Garden & Discussion Zoom Ball Games	Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Musical Trivia
	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>4</b>	Shopping orders Word Games  Zoom Painting	Golf  Zoom Video & Manicures	Trivia  Zoom Bingo	Darts  Individual Therapy Pamper Session	Exercises to Music Word Games  Bingo	Individual Therapy Music in the Garden  Zoom Beer Pong	Exercises 11.30 Songs of Praise Online Church Zoom Honey Tasting & other snacks
	<b>29</b>	<b>30</b>	<b>31</b>				
<b>5</b>	Shopping orders Craft  Zoom Bingo	Lunch Preparations Drinks & nibbles 12:30 Chinese Banquet Video & Manicures	Knitting Group Woodwork  Zoom Happy Hour & Birthday Party				