

ACTIVITIES for Douro Lodge JUNE 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	1	2	3	4	5	6	7
	Exercises Trivia Bingo	Individual Therapy Craft Daily chores Manicures & Movie	Word Games Pancakes in the Garden	Indoor Sports Reading & Discussion Group	Trivia Painting	Individual Therapy Bowls Singalong	Exercises 11.30 Songs of Praise Parachute
2	8	9	10	11	12	13	14
	QUEEN'S BIRTHDAY PUBLIC HOLIDAY Online Royal Trivia Manicures & a Movie	Indoor Sports Craft	Exercises Bingo	Trivia Singalong	Indoor Sports Beauty Therapy & Pampering	Newspaper Reading & Discussion Ball Games	Exercises 11.30 Songs of Praise Singalong
3	15	16	17	18	19	20	21
	Discussion Group Painting	Exercises Word Games Bingo	Exercises Word Games Men's Beer Garden	Exercises to Music Craft	Indoor Sports Ladies Afternoon Tea	Trivia Singalong	Winter Solstice Exercises 11.30 Songs of Praise Indoor Sports
4	22	23	24	25	26	27	28
	Individual Therapy Indoor Sports Bingo	Individual Therapy Craft Manicures & a Movie	Trivia Fish & Chips in the Garden Manicures & a Movie	Indoor Sports Singalong	Trivia Beauty Therapy & Pampering	Newspaper Reading & Discussion Painting	Exercises 11.30 Songs of Praise Singalong
5	29	30					
	Individual Therapy Indoor Sports Bingo	Exercises Word Games 22 Birthday Party & Happy Hour					