



# ACTIVITIES FOR HOSTEL JULY 2021



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1				<b>1</b> 10:00 Exercises  11:00 Sporty Fiascos  2pm Music Favourites	<b>2</b> 10.00 Exercises  11:00 Church online  2pm Bingo	<b>3</b>  Findawords  2pm Movie (ask staff)	<b>4</b>  11.30 Songs of Praise  2.00 Movie (ask staff)
NAIDOC WEEK	<b>5</b> 10.00 Exercises  11:00 Golf  2pm Bingo	<b>6</b> 10.00 Exercises  11.00 Painting 2:00 Manicures 2 pm Men's Pool Afternoon	<b>7</b> Highcare Actiities Singalong  2.00 View Club Singers Concert Collect Library Books	<b>8</b> 10:00 Exerc/Weights 11:00 Bowls 2pm Ladies Afternoon Tea Library Van visits	<b>9</b> <b>Hairdresser</b> 10.00 Exercises 11:00 Presbyterian Church 2pm Bingo	<b>10</b>  Crosswords  2pm Movie (ask staff)	<b>11</b>  11.30 Songs of Praise  2.00 Movie (ask staff)
3	<b>12</b> 10.00 Exercises  11:00 Quizzes  2pm Bingo Library books delivered	<b>13</b> <b>Hairdresser</b> 10.00 Exercises 11:00 Bobs  2:00 Manicures & a cuppa	<b>14</b> Highcare Activities Singalong  2pm Christmas In July Afternoon Tea	<b>15</b> 10.00 Exerc/Weights 11:00 Toss the Chicken	<b>16</b> 10.00 Exercises  11:00 Catholic Church 2pm Bingo	<b>17</b>  Findawords  2pm Movie (ask staff)	<b>18</b>  11.30 Songs of Praise  2.00 Movie (ask staff)
4	<b>19</b> 10.00 Exercises 11:00 Craft  2pm Bingo	<b>20</b> 10.00 Exercises 11.00 Music with Karen  2:00 Manicures & a cuppa	<b>21</b> Highcare in the Café  2pm Making Raisin Toast	<b>22</b> 10:00 Exercises 11:00 Skittles  2pm Knitting Group	<b>23</b> <b>Hairdresser</b> 10.00 Exercises 11:00 Anglican Church 2pm Bingo	<b>24</b>  Crosswords  2pm Movie (ask staff)	<b>25</b>  11.30 Songs of Praise  2.00 Movie (ask staff)
5	<b>26</b> 10.00 Exercises  11:00 Resident's Meeting 2pm Bingo	<b>27</b> <b>Hairdresser</b> 10.00 Exercises 12:30 Mexican Fiesta 2:00 Manicures & a cuppa	<b>28</b> Highcare in the Café  2pm Cuppa & a chat Collect Library Books	<b>30</b> 10:00 Exercises  11:00 SAO making 2pm Birthday Party & Happy Hour Library Van visits	<b>31</b> 10:00 Exercises  11:00 Church online  2pm Bingo		