


ACTIVITIES FOR JANUARY 2020

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1			1 NEW YEAR'S DAY PUBLIC HOLIDAY	2 <i>Hairdresser</i>	3 10.00 Exercises 11.00 Church/Trivia? 2.00 Bingo Afternoon	4 2.00 Video & a Cuppa	5 2.00 Dominoes
2	6 10.00 Exercises 11.00 Bingo	7 10.00 Exerc/Weights 10.00 Shopping 11.00 Bobs 2.00 Manicures <i>Hairdresser</i>	8 10.00 Exercises 11.00 Craft	9 <i>Hairdresser</i>	10 10.00 Exercises 11.00 Church ??? 2.00 Bingo Afternoon	11 2.00 Cuppa & Walking Group	12 2.00 Cards
3	13 10.00 Exercises 11.00 Bingo	14 10.00 Exerc/Weights 10.00 Shopping 11.00 Painting 2.00 Manicures <i>Hairdresser</i>	15 10.00 Exercises 11.00 Ball Games	16 <i>Hairdresser</i>	17 10.00 Exercises 11.00 Church-Catholic 2.00 Bingo Afternoon	18 2.00 Music & a Cuppa	19 2.00 Book Club
4	20 10.00 Exercises 11.00 Bingo 2.30 Fellowship Afternoon	21 10.00 Exerc/Weights 10.00 Shopping 11.00 Cooking 2.00 Birthday Party & Happy Hour	22 10.00 Exercises 11.00 Resident's Meeting	23 <i>Hairdresser</i> 3.00 Library Van	24 10.00 Exercises 11.00 Church-Anglican 2.00 Bingo Afternoon	25 2.00 Cuppa & Walking Group	26 AUSTRALIA DAY  2.00 Findaword
5	27 PUBLIC HOLIDAY	28 10.00 Exerc/Weights 10.00 Shopping 11.00 Bingo 2.00 Manicures <i>Hairdresser</i>	29 10.00 Exercises 11.00 Trivia 2.00 Bowls Afternoon	30 <i>Hairdresser</i>	31 10.00 Exercises 11.00 Church ??? 2.00 Bingo Afternoon		