

ACTIVITIES FOR FEBRUARY 2019



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1					1 10.00 Exercises 11.00 Church-Frontlin 2.00 Bingo Afternoon	2 2.00 Music & a Cuppa	3 2.00 Games
2	4 10.00 Exercises 11.00 Seniors' Rights Information Session	5 10.00 Exerc/Weights 10.00 Shopping 11.00 Bingo 2.00 Manicures Hairdresser	6 10.00 Exercises 11.00 Music with Karen 2.00 Bell Ringing	7 9.30 U3A Balance & Bones Hairdresser 3.00 Library Van	8 10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon	9 2.00 Video & a Cuppa	10 2.00 Findawords
3	11 10.00 Exercises 11.00 Bingo 2.00 Cards	12 Use Pool table area 10.00 Exerc/Weights 10.00 Shopping 11.00 Darts 2.00 Manicures Hairdresser	13 10.00 Exercises 10.30 Early Valentine's Day Morning Tea & Singalong	14 Valentine's Day 9.30 U3A Balance & Bones Hairdresser	15 10.00 Exercises 11.00 Church-Catholic 2.00 Ladies Afternoon	16 2.00 Music & a Cuppa	17 2.00 Gardening
SENIOR'S WEEK	18 10.00 Exercises 11.00 Bingo 2.30 Fellowship Afternoon	19 10.00 Exercises 10.00 Shopping 11.30 Luncheon at Club Mudgee 2.00 Manicures	20 10.00 Exercises 11.00 Golf 2.00 Bell Ringing	21 9.30 U3A Balance & Bones Hairdresser	22 10.00 Exercises 11.00 Church-Anglica 2.00 Bingo Afternoon	23 2.00 Video & a Cuppa	24 2.00 Newspaper Reading
5	25 10.00 Exercises 11.00 Bingo 2.00 Men's Afternoon in Douro Lodge	26 10.00 Morning Tea at Mudgee Museum 10.00 Shopping 2.00 Birthday Party & Happy Hour	27 10.00 Exercises 11.00 Trivia	28 9.30 U3A Balance & Bones Hairdresser			