




## ACTIVITIES FOR Douro Lodge DECEMBER 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5	6
1		Craft  Zoom Musical Trivia	Craft  Zoom Video & Manicures	Exercises to Music Trivia  Bingo Library Van visits	Darts  Craft Pamper Session	Individual Therapy Newspaper Reading & Discussion Zoom Musical Trivia	Exercises 11.30 Songs of Praise  Zoom Bowls
	7	8	9	10	11	12	13
2	Shopping orders Word Games  Zoom Individual Therapy Library Books delivered	Music in Garden  Zoom Christmas Markets in Activity Room	Knitting Group Woodwork  Zoom Trivia	Bingo   Golf	Exercises to Music Word Games  Ladies Afternoon Tea Men's DVD Documentary	Individual Therapy Trivia  Zoom Musical Trivia	Exercises 11.30 Songs of Praise Online Church Zoom Painting
	14	15	16	17	18	19	20
3	Shopping orders Craft Zoom Knitting Group Mens Afternoon	Craft  Zoom Bingo	Ball Games  Zoom Party Preparations	12.00 Douro Christmas Party  Video & Manicures	Bingo  Individual Therapy Painting	Individual Therapy Newspaper Reading & Discussion Zoom Giant Skittles	Exercises 11.30 Songs of Praise Worship Africa DVD Zoom Musical Trivia
	21 Summer Solstice	22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27
4	Shopping orders Word Games  Zoom Painting 7.50 Christmas Lights	Craft  Zoom Bingo 7.50 Christmas Lights	Bowls  Zoom Video & Manicures	Darts  Individual Therapy Pamper Session	Exercises to Music Word Games Bingo 	Individual Therapy Trivia  Zoom Musical Trivia	Exercises 11.30 Songs of Praise Online Church Zoom Taste Testing
	28	29	30	31 New Year's Eve			
5	Shopping orders Bingo  Zoom Armchair Travel	Ball Games  Zoom Video & Manicures	Knitting Group Woodwork  Zoom Happy Hour & Birthday Party	Exercises to Music Trivia  Music			

