


## ACTIVITIES FOR DECEMBER 2019

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	<b>30</b> 10.00 Exercises 11.00 Bingo 2.00 Bowls	<b>31</b> 10.00 Exerc/Weights 10.00 Shopping 11.00 Golf 2.00 Manicures <b>Hairdresser</b>					<b>1</b> <b>1st day of Summer</b> 2.00 Tree Decorating
2	<b>2</b> 10.00 Exercises 11.00 Bingo	<b>3</b> 10.00 Exerc/Weights 10.00 Shopping 11.00 Ball Games 2.00 Manicures <b>Hairdresser</b>	<b>4</b> 10.00 Exercises 11.00 Trivia 2.00 Christmas Markets in Activity Room	<b>5</b> 2.00 Knitting Group (Independent Activity) <b>Hairdresser</b>	<b>6</b> 10.00 Exercises 11.00 Church- 1 Life 2.00 Bingo Afternoon	<b>7</b> 2.00 Cuppa & Christmas Decorations	<b>8</b> 2.00 Book Club
3	<b>9</b> 10.00 Exercises 11.00 Bingo	<b>10</b> 10.00 Shopping 11.00 Poetry Recital with Mathew Dickerson 2.00 Birthday Party & Happy Hour 6.45 Big W Shop Night	<b>11</b> 9.20 Santa Visiting 11.00 Bowls with High Schoolers	<b>12</b> 12.00 Douro Christmas Party 6.00 Hostel Christmas Party	<b>13</b> 10.00 Exercises 11.00 Church-Presbyte 2.00 Bingo Afternoon	<b>14</b> 2.00 Cuppa & Walking Group	<b>15</b> 2.00 Dominoes 7.50 Christmas Lights
4	<b>16</b> 10.00 St Matthew's School Choir 11.00 Bingo ??? 2.30 Fellowship Afternoon 7.50 Christmas Lights	<b>17</b> 10.00 Shopping 2.00 Clarinet Performance in Douro Lodge 7.50 Christmas Lights	<b>18</b> 2.00 Bell Ringing 7.50 Christmas Lights	<b>19</b> 2.00 Knitting Group (Independent Activity) <b>Hairdresser</b>	<b>20</b> 10.00 Exercises 11.00 Church-Catholic 2.00 Bingo Afternoon	<b>21</b> 2.00 Music & a Cuppa	<b>22</b> <b>Summer Solstice</b> 2.00 Findaword
5	<b>23</b> 10.00 Exercises 11.00 Bingo	<b>24</b> 10.00 Exerc/Weights 10.00 Shopping 11.00 Darts 2.00 Manicures <b>Hairdresser</b>	<b>25</b> <b>CHRISTMAS DAY            PUBLIC HOLIDAY</b> 	<b>26</b> <b>BOXING DAY            PUBLIC HOLIDAY</b>	<b>27</b> 10.00 Exercises 11.00 Trivia 2.00 Bingo Afternoon	<b>28</b> 2.00 Cuppa & Walking Group	<b>29</b> 2.00 Cards