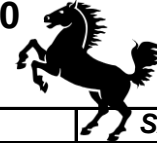


ACTIVITIES FOR HOSTEL AUGUST 2020



wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	31 10.00 Exercises 11.00 Skittles 2.00 Bingo					1 Horses' Birthday Crosswords 2.00 Movie (ask staff)	2 11.30 Songs of Praise 2.00 Movie (ask staff)
	3 BANK HOLIDAY PUBLIC HOLIDAY	4 10.00 Exerc/Weights 11.00 Sporty Fiascos 2.00 Bingo	5 10.00 Exercises 11.00 High Care Activities 2.00 Ball Games	6 10.00 Exercises 11.00 Brain Teasers Hairdresser 2.00 Board Games	7 10.00 Exercises 11.00 Church-Online 2.00 Bingo Afternoon	8 Findawords 2.00 Movie (ask staff)	9 11.30 Songs of Praise 2.00 Movie (ask staff)
3	10 10.00 Exercises 11.00 Craft 2.00 Bingo	11 10.00 Exerc/Weights 10.00 Shopping 11.00 Bowls 2.00 Trivia	12 10.00 Exercises 11.00 High Care Activities 2.00 Manicures	13 10.00 Exercises 11.00 Sporty Fiascos 2.00 Mens Afternoon	14 10.00 Exercises 11.00 Church-Online 2.00 Bingo Afternoon	15 Crosswords 2.00 Movie (ask staff)	16 11.30 Songs of Praise 2.00 Movie (ask staff)
	17 10.00 Exercises 11.00 Darts 2.00 Bingo	18 10.00 Exerc/Weights 10.00 Shopping 11.00 Cake Decorating 2.00 Golf	19 10.00 Exercises 11.00 High Care Activities 2.00 Word Riddles Collect Library Books	20 10.00 Exercises 12.00 Fish and Chips 2.00 Ladies Afternoon Library Van visits	21 10.00 Exercises 11.00 Church-Online 2.00 Bingo Afternoon	22 Findawords 2.00 Movie (ask staff)	23 11.30 Songs of Praise 2.00 Movie (ask staff)
5	24 10.00 Exercises 11.00 Art 2.00 Bingo Library books distributed	25 10.00 Exerc/Weights 11.00 Making Icecream Sundaes Hairdresser 2.00 Word Games	26 10.00 Exercises 11.00 High Care Activities 2.00 Who wants to be a millionaire	27 10.00 Exercises 11.00 Balloon games Hairdresser 2.00 Happy Hour & Birthday Party	28 10.00 Exercises 11.00 Church-Online 2.00 Bingo Afternoon	29 Crosswords 2.00 Movie (ask staff)	30 11.30 Songs of Praise 2.00 Movie (ask staff)