

ACTIVITIES for Douro Lodge AUGUST 2020

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	<p style="text-align: center;">31</p> Shopping orders Giant Skittles Zoom Bingo					<p style="text-align: center;">1 Horse's Birthday</p> Individual Therapy Newspaper Reading & Discussion Zoom Singalong	<p style="text-align: center;">2</p> Exercises 11.30 Songs of Praise Zoom Bowls
2	<p style="text-align: center;">3</p> Shopping orders Ball Games Zoom Andre Rieu Video Manicures	<p style="text-align: center;">4</p> Individual Therapy Word Games Zoom Bingo	<p style="text-align: center;">5</p> Individual Therapy Craft Zoom Pancake Afternoon	<p style="text-align: center;">6</p> Exercises to Music Trivia Giant Skittles	<p style="text-align: center;">7</p> Bingo Singalong	<p style="text-align: center;">8</p> Individual Therapy Trivia Zoom Bowls	<p style="text-align: center;">9</p> Exercises 11.30 Songs of Praise Zoom & Worship DVD Singalong
3	<p style="text-align: center;">10</p> Shopping orders Golf Zoom Bingo	<p style="text-align: center;">11</p> Knitting Group Woodwork Zoom Youtube - funny videos Manicures	<p style="text-align: center;">12</p> Individual Therapy Online Trivia Zoom Knitting Group Men's Afternoon	<p style="text-align: center;">13</p> Exercises to Music Bingo Singalong	<p style="text-align: center;">14</p> Exercises to Music Trivia Ladies Afternoon Tea Men's DVD Documentary	<p style="text-align: center;">15</p> Individual Therapy Newspaper Reading & Discussion Zoom Singalong	<p style="text-align: center;">16</p> Exercises 11.30 Songs of Praise Zoom & Online Curch Making Icecream Sundaes
4	<p style="text-align: center;">17</p> Shopping orders Ten-Pin Bowls Zoom Painting	<p style="text-align: center;">18</p> Lunch Preparations Drinks & nibbles Fish & Chips Luncheon Zoom Bingo	<p style="text-align: center;">19</p> Individual Therapy Discussion Group Zoom Collect Library Books Andre Rieu Video Manicures	<p style="text-align: center;">20</p> Exercises to Music Trivia Library Van visits Singalong Pamper Session	<p style="text-align: center;">21</p> Exercises to Music Individual Therapy Bingo	<p style="text-align: center;">22</p> Individual Therapy Trivia Zoom BallGames	<p style="text-align: center;">23</p> Exercises 11.30 Songs of Praise Zoom & Worship DVD Singalong
5	<p style="text-align: center;">24</p> Shopping orders Darts Library Books delivered Zoom Bingo	<p style="text-align: center;">25</p> Knitting Group Woodwork Zoom Armchair Travel Manicures	<p style="text-align: center;">26</p> Individual Therapy Word Games Zoom Birthday Party & Happy Hour	<p style="text-align: center;">27</p> Bingo Individual Therapy Golf	<p style="text-align: center;">28</p> Exercises to Music Trivia Painting Pamper Session	<p style="text-align: center;">29</p> Individual Therapy Newspaper Reading & Discussion Zoom Singalong	<p style="text-align: center;">30</p> Exercises 11.30 Songs of Praise Zoom & Online Curch Painting