

ACTIVITIES FOR AUGUST 2018

wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1			1 Horse's Birthday 10.00 Exercises 11.00 Darts 2.00 Bell Ringing	2 Hairdresser 2.00 Knitting Group (Independent Activity)	3 10.00 Exercises 11.00 Trivia 2.00 Bingo Afternoon	4 2.00 Video & a Cuppa (Independent Activity in Activity Room)	5 2.00 Cards (Independent Activity in Activity Room)
2	6 PUBLIC HOLIDAY	7 10.00 Exerc/Weights 10.00 Shopping 11.00 Bingo 2.00 Manicures Hairdresser	8 10.00 Exercises 11.00 Golf 2.00 Trivia	9 Hairdresser 2.00 Knitting Group (Independent Activity)	10 10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon	11 2.00 Music & a Cuppa (Independent Activity in Activity Room)	12 2.00 Findaword (Independent Activity in Activity Room)
3	13 10.00 Exercises 11.00 Bingo 1.00 High School visit	14 Use Pool Table area all day 10.00 Exerc/Weights 10.00 Shopping 11.00 Ball Games 2.00 Manicures	15 10.00 Exercises 11.00 Painting 2.00 Bell Ringing	16 Hairdresser 2.00 Knitting Group (Independent Activity) 3.00 Library Van	17 10.00 Exercises 11.00 Church-Catholic 2.00 Ladies Afternoon Tea	18 2.00 Video & a Cuppa (Independent Activity in Activity Room)	19 2.00 Jigsaws (Independent Activity in Activity Room)
4	20 10.00 Exercises 11.00 Bingo 2.30 Fellowship Afternoon	21 10.00 Exerc/Weights 10.00 Shopping 11.00 Bowls 2.00 Manicures Hairdresser	22 10.00 Exercises 11.00 Craft 2.00 Bingo Afternoon	23 Hairdresser 2.00 Knitting Group (Independent Activity)	24 10.00 Exercises 11.00 Church-Anglica 2.00 Ladies High Tea	25 2.00 Music & a Cuppa (Independent Activity in Activity Room)	26 2.00 Craft (Independent Activity in Activity Room)
5	27 10.00 Exercises 11.00 Bingo 1.00 High School visit	28 10.00 Exerc/Weights 10.00 Shopping 11.00 Bobs 2.00 Birthday Party & Happy Hour	29 10.00 Exercises 11.00 Craft 2.00 Afternoon Tea	30 "The Winter Dinners" 12.00 Douro Dinner 6.00 Hostel Dinner	31 10.00 Exercises 11.00 Church-Presbyt 2.00 Bingo Afternoon		